



12th Panacea
International conference
on Ayurveda and Holistic Healing 2018

9th - 10th April 2018

Nepal



Organised By

**Vanoushadhi
Vidyapeeth,
Maharashtra,
India**

**Maharishi
Vedic Foundation,
Nepal.**

**Serbian Association
for Ayurveda,
Europe**

★ **Introduciton**

We derive utmost to announce that 12th 'International Conference on Ayurveda and Holistic Healing 2018' is proposed to be organized under the aegis of Vanoushadhi Vidyapeeth, Kolhapur, for the propagation of Ayurveda and Holistic healing practices overseas.

As we all know, 'Health for All by 2000 A.D.' has been the goal set forth for the medical community by WHO & UNICEF. Against this laudatory goal, we are faced with newer and newer ailments and epidemics surfacing one after the other posing calamitous situations. Naturally, it is a challenging task before all pathies - Allopathy, Ayurveda, Homoeopathy etc. - to tide over the health problems of patients. Ayurveda, on its part, has therefore, been contributing its mite to make use of a plethora of herbal plants hitherto unexplored and unidentified, for the cure of a variety of diseases and chronic illnesses as completely as possible. It is now common belief that in the present situation it is the traditional medicines that will come to our rescue, Ayurveda playing a pivotal role therein. Ayurveda is now well known world over as the only safest and surest way of treatment. Vanoushadhi Vidyapeeth Sanstha is thus a culmination of efforts of like-minded Ayurveda - lovers, which has endeavoured to hold the present Conference.

The Organization was established on 15 June 1990, its registration No. being MAH/6589/ Kolhapur (Under clause 21 of the 1860 Act), Public Charitable Trust Reg. No. F 6478 (Kolhapur.)

Aims & Objects :

1. To apprise people of the medicinal plants available in forests abundantly and their use in treating ailing patients.
2. To introduce to students, by means of courses of study at school and college levels, different herbal plants useful for treatment on day-to-day ailments.
3. To create awareness among farmers about the need and possibility of making use of the medicinal plants available at many places and encourage and guide them for their cultivation.
4. To inculcate among Ayurveda teachers the interest and urge for the research and indepth study of midicinal plants with the help of sophisticated techniques.

★ **Vanoushadhi Publication :**

The organization, through its monthly publication, Vanoushadhi'in Marathi, which contains articles by experts on medicinal herbs, home remedies, indentification of medicinal plants etc. brings home to people the utility and reliability of Ayurvedic medicine. Since last 27 years Vanoushadhi a special 'Diwali issue' is being also published which is unique in itself.





✦ Invitation :

The conference is perhaps 12th step taken by our organization after successfully organizing 1st International Conference in Mauritius (2007). 2nd Malaysia (2008) and 3rd in Bangkok (Thailand) (2009). 4th in Dubai (2010), 5th in Singapore (2011), 6th in Shrilanka (2012), 7th in Serbia (2013), 8th in Kolhapur (India) (2014), 9th in Netherlands (2015), 10th in Belgrade (2016), 11th in London (2017) and now 12th one is at Nepal. Now we are taking pride to announce this 12th event for envisions awareness among people by and large about Ayurveda with a goal of '21st Century Disease-free Society.' The conference is intended to be a best occasion for the get-together of researchers in the field of Ayurveda. The Organizing Committee, therefore sincerely believes that your participation in the Conference will be mutually beneficial.

✦ About the Conference

The following functions would, inter alia, be performed.

Paper-Presentation and clinical works are invited on the following topics :

- Significance of health care, illness and diseased treatment for communities.
- Perfect health & Fitness.
- Psychology & Health
- Meditation and Health.
- HIV/AIDS
- Yoga and Nature cure.
- Medicinal plants, medicinal, herbal research.
- Neurology & Health.
- Psycho Neuro Immunology and Ayurveda.

✦ Other Details of the Conference

Registration at the conference will entitle the participant to receive a copy of the Conference Programme and Souvenir. Every delegate will be presented with a 'Panacea Memento' and a Certificate by the Organizing Committee.

✦ Submission of Paper

Delegates will have eight minutes to present their paper. Research papers will be considered on any related topics, Approximately 200 word abstract should be submitted by 28th Feb 2018. If selected for presentation by Scientific Committee of the Conference, full draft of paper should be submitted by 20th March 2018. All Abstracts of papers will be published in the souvenir.

Kathmandu - Nepal 2018

Special Attraction of Tour :

We have already secured the association of some of the leading experts in the field of Ayurveda with this Conference. Entries are limited and restricted in order to maintain the international level of class, quality and decorum. You are therefore advised to hurry up and get your entry ensured.

The Federal Democratic Republic of Nepal is a land locked central Himalayan Country in South Asia. It has 7 States and 77 Districts with population of 26.4 million. It is the largest sovereign Himalayan State.

Nepal is first mentioned in the Vedic, Atharvaveda and Post Vedic Upanishada and also in Skanda Purana. Nepal is a country with natural unbounded beauty. Nepal is considered as trekking paradise, abundance of Wild life and Brisk walking destination and experience adventurous activities. Lumbini is the place of Birth of Lord Buddha. Nepal is famous for delicious variety of cuisines and architectural handicrafts and art works of souvenir. Nepal is a country where you can have safest destination with friendly people and quality lodging, fooding and transport.



Tour Programme

Date	Event
8-4-2018	Departure for Kathmandu from Chh. Shivaji International Air port, Mumbai Eve. 5-00 p.m. Arriveal at Kathmandu 8-00 p.m. Transfer to Hotel Crown Plaza Soltee. Over night Rest.
9-4-2018	Full day Conference, evening Cultural Programme.
10-4-2018	Full day Conference, evening free for Shopping. (On Your Own)
11-4-2018	Check out and Half Day City Tours of Kathmandu. Transfer to Pokhra (7 hrs Journy by road) Check in Hotel Pokhra Grande. Rest over night.
12-4-2018	Sight Seeing at Pokhra-Transfer to Nagarkot. Check in Hotel Club Himalaya and Enjoy the beautiful sunset. Overnight Stay.
13-4-2018	Enjoy the sunrise and Transfer to Kathmandu after Breakfast. En route sight seeing. Arrive Kathmandu Airport for Departure at 2.00 noon. Arrival at Mumbai 4.30 p.m.

End of the Tour.

Total Ex. Mumbai Package cost is **Rs. 52,000/-** per indian Delegate uptill 5th of March 2018.

Tour Package :

The Package Includes :

- Conference registration Fees.
- To & Fro travel expenses from Mumbai & Back.
- Airport Taxes.
- Sight-Seeing.
- Five Nights twin sharing accommodation in Hotels.
- Daily Buffet Breakfast, Lunch & Dinner.
- Return Airport Transfers.
- Any Personal Things Excluded.



The tour package cost stated above is only for Indian Delegate. For International Delegate, Conference fees are U.S.\$ 150. The Lodging, Boarding and site seeing facility will be borne by the individual.

✿ Sigt seeing in Nepal

Places of Interest

Nepal is popular travel destination contributing to the importance of its' tourism Industry. Every year thousands of tourists arrive in Nepal. As India is friendly country of Nepal, for indian citizen there is no need of passport and visa while visiting to Nepal only you must have your voting identity card with you, is sufficient.

Kathmandu :

City Tour :

You may lost your self in the city of traditions-Kathmandu. You can visit Pashupatinath and Bouddhanath mandirs, Durbar Squire, Swyambhunath Temple.

Bhaktapur is the old Nepal city, you can visit this place en route to Pokhra.

Pokhra : This is ancient place of Napal. You may enjoy ride in the Lake, Discover the beauty of Davils water Fall, Gupteshwar Mahadev Cave, Bindyabashini Temple, Seti River Cavg, Mahendra Caves etc.

Nagarkot : There is nothing much to do in Nagarkot, but the Splendid views of Himalayas and the cool Breeze waving off your hair, will consume all your day.

Note : The above quoted amount is as on date and any increase in fees, Airport tax or govt. of India service tax, will be charged extra.

Payment Mode : Payment of Conference and tour package **Rs. 52,000/-** is to be made in cash or by Demand Draft drawing in favour of "**Vanoushadhi Vidyapeeth**" payable at Kolhapur or directly transfer in our Account No. **4232500100209701, IFSC Code : KARB0000423** International **SWIFT** No. of Bank is **KARBINBOSB** f **Karnataka Bank Ltd., Kolhapur** on or before **5th March 2018.**



Travel Partner

Trade-wings

Trade Wings Ltd.

221, B/C, Pleasant Homes, Tarabai Park,
Kolhapur. **Mob. : 09371112679**
☎ 0231-2680257, 2664687, 2665987

Kathmandu - Nepal 2018

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REGISTERED OFFICE

Organising Secretary, International Conference on Ayurveda & Holistic Healing
Ayurveda Panchakarma Center, 1449 'C' Laxmipuri, Kolhapur. (MAHARASHTRA) INDIA .
Ph. No. 0091 + 231 + 2642725, Fax - 091-231-2643573, Cell. 0091 + 9422049405
Website : www.vanoushadhividyaapeeth.org
E-mail - ayurcon2007@rediffmail.com

