



# IMAVF NewsMagazine

International Maharishi AyurVeda Foundation (IMAVF)

Serving all Maharishi AyurVeda Health Professionals Worldwide

SPRING 2026



Dr Rainer Picha  
IMAVF Chairman of the Board

Dear friends and colleagues,

Welcome to the Spring Issue of the IMAVF NewsMagazine.

In this issue, we present a selection of international developments reflecting the growing global recognition of Ayurveda and traditional medicine.

Highlights include new cooperation initiatives between India and partners in the Arab region, Europe, and Germany, as well as progress toward global standards through collaboration between the WHO and the Ministry of AYUSH, and impressions from the Dubai AYUSH Conference. We also introduce the World Ayurveda Foundation and *Ayurworld Magazine*.

Further features include new research exploring biological aspects of Prakriti, and the first part of our interview with Vaidya Dr Shubham Kulkarni on Gandharva Veda Music Therapy in trauma support and hospice care.

We also invite you to note the upcoming Ayurveda Congress 2026 in Berlin, the Ayurveda Health Days & Fair 2026 in Budapest and our current course announcements.

We wish all our practitioners a successful and inspiring spring season.

Dr Rainer Picha  
IMAVF Chairman of the Board

P.S. Please invite your colleagues to join IMAVF – and if you are not yet an IMAVF affiliate yourself, please [click here to enroll](#) (or renew!)



How can sound support healing in trauma, PTSD, and hospice care?

In this first part of our interview with Vaidya Dr Shubham Kulkarni, discover how Gandharva Veda helps regulate the nervous system and restore inner balance through consciousness-based sound.

Visit the article to learn more about this approach and how readers can explore opportunities for training in Gandharva Veda Music Therapy (Page 5).

## Table of Contents

### GLOBAL AYURVEDA NEWS

- India–Arab Forum strengthens Ayurveda cooperation (2026–2028)..... 2
- EU–India agreement: new prospects for Ayurveda in Europe ..... 2
- World Ayurveda Foundation & Ayurworld Magazine introduced ..... 3
- India–Germany deepen collaboration in traditional medicine ..... 3
- World Health Organization & Ministry of AYUSH advance global standards..... 3
- Lothar Pirc addresses international experts at Dubai AYUSH Conference..... 4

### KNOWLEDGE

- Gandharva Veda Music Therapy in trauma & hospice care – Part 1..... 5

### RESEARCH

- From Prakriti to genes: insights into Ayurvedic constitution ..... 7

### EVENTS AND COURSES

- Ayurveda Congress 2026 in Berlin ..... 8
- Ayurveda Health Days & Fair 2026 in Budapest ..... 8
- Course announcements ..... 9

IMAVF Affiliate Programme ..... 12

Editorial ..... 13

## India–Arab Cooperation Forum strengthens commitment to Ayurveda (2026–2028)



On 31 January 2026, the Government of India announced the Executive Program of the India–Arab Cooperation Forum for the period 2026–2028. Building on the Manama Declaration (2016) and nearly two decades of collaboration since the Forum's establishment in 2008, the Member States of the League of Arab States and the Republic of India reaffirmed their shared commitment to deepening cooperation across key sectors.

Notably, Article XIV of the Executive Program highlights cooperation in healthcare and pharmaceuticals. Both sides agreed to explore ways to strengthen traditional medicine systems, including Ayurveda, through research collaboration, institutional partnerships, capacity-building initiatives, expert exchanges, and facilitation of market access—while fully respecting each country's regulatory frameworks.

This development marks an important step in expanding the global recognition and integration of Ayurveda within international healthcare collaboration.

## EU–India trade agreement may open new opportunities for Ayurveda and traditional medicine



A newly concluded trade agreement between European Union and India, signed on 27 January 2026, could create new opportunities for the international development of Ayurveda and other traditional medicine systems.

The agreement removes tariffs on the vast majority of Indian exports to the EU, which may make it easier for **Ayurvedic herbal products, nutraceuticals, essential oils, and wellness products** to enter European markets. Reduced trade barriers could significantly expand the global market for Ayurveda-based natural health products.

In addition, the agreement promotes greater mobility and cooperation in service sectors, including health and wellness. This could lead to **increased opportunities for Ayurvedic practitioners and therapists**, as well as the establishment of more Ayurvedic wellness centres and integrative health clinics in Europe, depending on national regulations.

The framework also encourages **closer alignment of quality, safety, and certification standards** between India and the EU. For Ayurveda, this may mean stronger standardisation of herbal formulations, improved quality control, and increased scientific research supporting traditional knowledge.

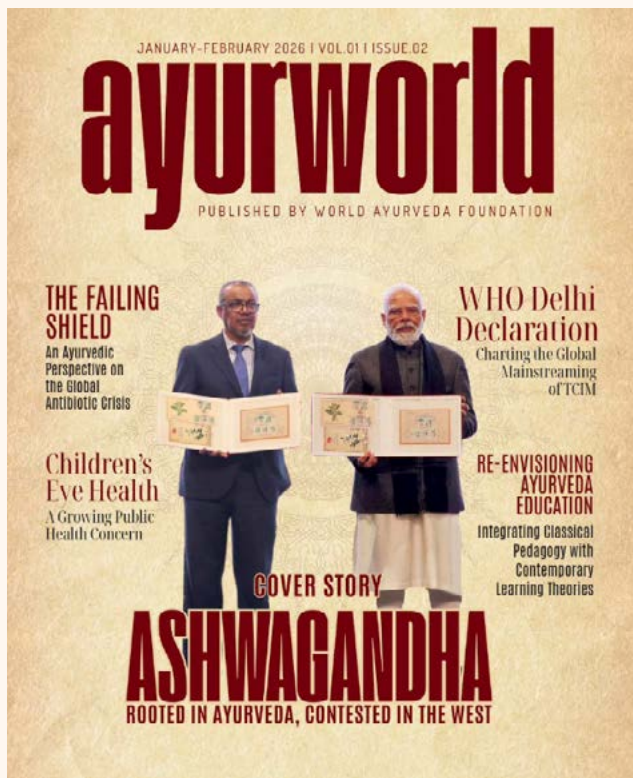
At the same time, Ayurvedic products entering the EU will continue to face **strict regulatory requirements**, including safety assessments and evidence for health claims.

Observers suggest the agreement could contribute to the broader global growth of the **AYUSH sector** (Ayurveda, Yoga, Unani, Siddha, and Homeopathy), while also encouraging higher standards of research and regulation.



Stay inspired and deepen your knowledge of Maharishi AyurVeda with our updated blogs! Featuring expert insights into the origins, history, and principles of various healing modalities, our blog explores a wide range of topics—from Ayurveda's timeless wisdom to its modern applications in health and well-being.

## Introducing the *World Ayurveda Foundation* and *Ayurworld Magazine*



The *World Ayurveda Foundation* recently launched *Ayurworld Magazine*, a new international publication dedicated to research, policy, and global perspectives in Ayurveda. The inaugural issue (Volume 1, Issue 1) was released in November–December 2025, with subsequent issues already in circulation.

According to the Foundation, its mission is to contribute to the development of a global Ayurvedic ecosystem by promoting evidence-based approaches and fostering connections among practitioners, researchers, and institutions worldwide. *Ayurworld Magazine* serves as one of its principal platforms for dialogue, addressing themes such as academic collaboration, regulatory developments, research initiatives, and the evolving role of Ayurveda in international healthcare discussions.

The emergence of new international publications reflects a growing effort to position Ayurveda within broader scientific, educational, and policy frameworks. As part of our commitment to staying informed about developments in the wider field, we will occasionally highlight relevant reports from international Ayurveda publications in these pages.

## Based on a report published in *Ayurworld Magazine*, Vol. 01, Issue 02 *India and Germany deepen cooperation in Ayurveda and traditional medicine*

*Ayurworld Magazine* reports that India and Germany are expanding cooperation in the field of traditional medicine following their recent 3rd Joint Working Group meeting in Berlin. The discussions focused on how Ayurveda and other traditional systems can engage more closely with mainstream healthcare through academic collaboration, regulatory alignment, and structured reimbursement models.

A central outcome was the intention to establish a memorandum of understanding (MOU) between the All India Institute of Ayurveda (AIIA) and Charité Berlin, with the aim of strengthening research partnerships and educational exchange. The meeting also underscored the importance of shared standards and research frameworks to build international trust in traditional medicine.

These developments reflect a broader global trend towards greater institutional dialogue between traditional medical systems and contemporary healthcare structures.

For practitioners, such initiatives are significant because integration into healthcare systems, clearer regulatory frameworks, and possible reimbursement structures directly influence how widely Ayurveda can be practised and accessed within contemporary medical settings.

## WHO and Ministry of AYUSH collaborate on global standards for traditional medicine

*Ayurworld Magazine* reports on a recent WHO–Ayush Technical Project Meeting held in New Delhi, aimed at strengthening the integration of traditional medical systems into global health standards.

The meeting focused on developing a dedicated module for Ayurveda, Siddha, and Unani within the International Classification of Health Interventions (ICHI), the global framework used to classify and document health procedures. This initiative follows a formal agreement between the World Health Organization and India's Ministry of Ayush, under which

India is supporting the technical and financial development of the traditional medicine component.

The discussions form part of a broader international effort to create shared standards, harmonised terminology, and evidence-based frameworks that allow traditional systems to be more clearly represented within global healthcare planning.

Participation from all WHO regions reflects growing worldwide interest in aligning traditional medicine with contemporary health governance structures.

These efforts signal a continuing move toward formal recognition of traditional medical systems within international health policy and classification frameworks.

## Lothar Pirc addresses international experts at Dubai AYUSH Conference *International gathering highlights the growing role of Ayurveda in global health*



From 15–17 February 2026, Lothar Pirc, Founder and CEO of the Maharishi AyurVeda Health Centre in Bad Ems, Germany, participated in two prominent international gatherings in Dubai: the Dubai Ayush Conference and the International Delegate Assembly. The events brought together global leaders, experts and practitioners to exchange knowledge and strengthen collaboration in the fields of traditional medicine, integrative healthcare, and holistic wellbeing.

The Dubai Ayush Conference highlighted the expanding global relevance of AYUSH systems—particularly Ayurveda—as valuable approaches for preventive healthcare, sustainability, and holistic health. The accompanying International Delegate Assembly served as an important forum for dialogue and international cooperation aimed at advancing these systems worldwide.

On 16 February, Mr. Pirc delivered a presentation at the International Delegate Assembly entitled “The Happiness Index and AYUSH Systems.” In his talk, he addressed both the achievements and the ongoing challenges of establishing Ayurveda in Germany. He also presented scientific research related to Panchakarma, Transcendental Meditation, and the concept of collective consciousness as factors contributing to peace, wellbeing, and social harmony.

The presentation was warmly received by participants and generated fruitful exchanges with international colleagues. According to Mr. Pirc, the discussions have already led to several promising invitations for future speaking engagements.

The conference once again demonstrated the growing international recognition of Ayurveda and consciousness-based approaches as meaningful contributions to global health and societal harmony.

## Gandharva Veda Music Therapy: Bridging consciousness and clinical healing in trauma & hospice care - Part 1 *An interview with Vaidya Dr Shubham Kulkarni*



*Vaidya Dr Shubham Kulkarni is an Ayurveda Physician with over eight years of clinical experience in music therapy, mental health, palliative & end-of-life care. He is also an expert in Indian classical music. By blending ancient wisdom with modern therapeutic approaches, he offers holistic, transformative care to his patients.*

In this first part of our interview, Vaidya Kulkarni explains how his background in Gandharva Veda and Ayurveda led him to integrate time-specific therapeutic sound into the treatment of trauma, PTSD, severe anxiety, and hospice care, offering insight into its effects on the nervous system and emotional regulation.

***What led you to integrate Gandharva Veda music into your work with patients suffering from trauma, PTSD, and other mental health conditions?***

My journey into integrating Gandharva Veda music with clinical care has been very organic - almost as if it unfolded through the intelligence of consciousness itself.

I have been studying Gandharva Veda, rooted in Indian classical music, since the age of five. What began as a traditional training in *Naad* (the subtle essence of sound vibration that has a direct effect on the mind and body) and *Raga*, gradually revealed itself as something much deeper than performance—it became an experiential understanding of how sound influences the mind, emotions, and inner state of being.

Later, during my graduation and post-graduation in Ayurveda, I was deeply immersed in the principles of balance, *Prakriti*, and the body's innate self-healing intelligence. It was during this time, while working with patients in the university setting, that I naturally began exploring the therapeutic application of sound. I started using specific Ragas and tonal structures with patients experiencing anxiety, emotional disturbances, and psychosomatic conditions. What I observed was profound—there was a noticeable shift not just in symptoms, but in their overall state of awareness and inner coherence.

As my clinical exposure deepened, I further pursued training in neuromusicology and completed another post-graduation in palliative and hospice care. These experiences gave me a more structured scientific and clinical lens to understand how sound interacts with the brain, nervous system, and emotional memory—especially in cases of trauma and at the end of life.

This led me to recognize that Gandharva Veda is not merely an art form, but a science of consciousness. The structured use of sound, aligned with time, physiology, and emotional states, has the ability to harmonize the nervous system and gently guide the individual back toward balance.

When working with patients suffering from trauma, PTSD, and in hospice care, I found that many interventions work at the level of the mind or body—but Gandharva Veda works at a subtler level. It reaches where words often cannot. In trauma especially, where there is fragmentation and dysregulation, sound becomes a bridge—restoring rhythm, safety, and a sense of inner wholeness.

So, for me, this integration was not a deliberate addition, but a natural convergence of Ayurveda and Gandharva Veda—both of which ultimately aim to reconnect the individual with their own field of inner silence, stability, and consciousness.

***Trauma is often held in the nervous system rather than in conscious memory. How does Gandharva Veda music interact with this deeper physiological level?***

Trauma is indeed not just a psychological experience - it is fundamentally a physiological imprint on the nervous system. In many cases, especially in PTSD, the system remains in a state of heightened arousal or freeze, even when the external threat is no longer present. This dysregulation is reflected in altered autonomic balance, disrupted heart rate variability, and changes in brain networks involved in emotional processing and memory.

Gandharva Veda music interacts with this deeper level through the principle of *Naad*—organized sound vibrations that have a direct entraining effect on the nervous system. From a scientific perspective, structured musical elements such as specific frequencies, tonal intervals, tempo, and rhythmic patterns influence neural oscillations and brainwave activity.



This process, often referred to as neural entrainment, helps shift the brain from hypervigilant states (associated with high beta activity) toward more coherent and restorative states like alpha and theta.

At the level of the autonomic nervous system, properly rendered Ragas can stimulate the parasympathetic response—particularly through vagal activation—leading to a reduction in cortisol levels, improved emotional regulation, and a sense of safety within the body. This is crucial in trauma care, because healing does not occur through cognitive processing alone, but through restoring physiological safety and coherence.

What is unique about Gandharva Veda is that it is time-specific and inherently aligned with circadian rhythms. This temporal alignment further enhances its impact on the body's biological clock, hormonal balance, and overall homeostasis.

For example, I worked with a patient experiencing severe anxiety and post-traumatic symptoms, where verbal therapy had limited impact due to difficulty in accessing and expressing emotions. We introduced a structured listening protocol using specific ragas during appropriate times of the day, along with gentle live tonal interventions. Over a period of weeks, there was a noticeable reduction in physiological symptoms: improved sleep, reduced restlessness, and a gradual shift from hyperarousal to a more grounded and regulated state. Importantly, the patient reported feeling “safe” internally, even before being able to cognitively process the trauma.

This illustrates that Gandharva Veda works at a pre-verbal, neurophysiological level, where trauma is often held. By restoring rhythm, resonance, and coherence in the system, it allows the individual to reconnect with a deeper level of inner stability. In Vedic terms, this can be understood as bringing the system back into alignment with its natural state of consciousness, where healing happens spontaneously.

### ***How do you prescribe Gandharva Veda in clinical practice? Alone or integrated into a broader protocol?***

In clinical practice, there are well-defined principles and protocols for the use of Gandharva Veda; however, their application depends on the condition of the patient, their physiological state, emotional needs, and overall level of receptivity. The choice of Raga, timing, mode of delivery, and duration is always carefully adapted to suit the individual.

In most cases, I integrate Gandharva Veda within a broader therapeutic framework rather than using it in isolation. This may include Ayurvedic interventions, counselling, lifestyle regulation, and other supportive approaches depending on the clinical requirement. The aim is to create a holistic environment where the body, mind, and consciousness can move toward balance in a coordinated manner.

The method of delivery also varies. At times, I use structured listening protocols with specific time-based Ragas, while in other situations, I sing live for patients, which allows a more intuitive and responsive connection to their inner state. In certain cases, I also introduce simple sound-based or musical exercises, along with breath awareness, so that patients can actively engage in their own healing process.

In this way, Gandharva Veda becomes a flexible yet structured therapeutic tool—applied thoughtfully to support regulation, awareness, and a gradual restoration of inner coherence.

In the second part of this interview, to be published in the *June edition* of the NewsMagazine, Vaidya Kulkarni shares his experience using Gandharva Veda for patients with PTSD, in hospice and end-of-life care, explains what distinguishes this time-tested approach from simply listening to calming music, and reflects on its potential role in addressing the growing challenges of trauma and anxiety in today's world.

**Those interested in exploring this knowledge more deeply can look forward to a Gandharva Veda Music Therapy course with Vaidya Kulkarni from 5–12 October in Hungary; further details will be shared soon.**

## From Prakriti to genes: new research explores the biology of Ayurvedic constitution

### *Differences in smell perception and gene expression among Prakriti types*



A recent study published in the *European Journal of Integrative Medicine* offers new insights into the emerging field of Ayurgenomics by exploring whether Ayurvedic constitutional types—known as **Prakriti**—are associated with measurable biological differences.

The research, released in January 2026, examined whether individuals with different Prakriti types (Vata, Pitta, and Kapha) display differences in their sense of smell and in the expression of specific olfactory receptor genes. The study involved participants whose constitutional types were determined according to established Ayurvedic assessment methods. Researchers then evaluated their olfactory performance using standard smell tests and analysed gene expression related to olfactory receptors.

The results revealed noticeable differences between the groups. Individuals classified as Kapha showed the highest

sensitivity to odours, while Pitta participants achieved the highest discrimination and identification scores. Overall smell test scores were highest among Pitta and Kapha participants, whereas Vata participants showed comparatively lower scores in these measures. In addition to these sensory differences, the researchers also observed variations in the expression of two olfactory receptor genes—OR6K3 and OR10Z1—among the different Prakriti types.

According to the authors, these findings may support the hypothesis that Ayurvedic constitutional categories reflect underlying biological variation. The study therefore contributes to a growing body of research seeking to bridge traditional Ayurvedic concepts with modern molecular biology.

Ayurgenomics, an interdisciplinary field combining Ayurveda with genomics and systems biology, investigates whether traditional phenotypic classifications such as Prakriti correspond to genetic or physiological patterns. If confirmed by further studies, such findings could have implications for personalised medicine — an area in which Ayurveda has long emphasised individualised approaches to diet, lifestyle, and treatment.

While the authors note that further research with larger populations is needed, the study adds another piece of evidence to the ongoing scientific exploration of Ayurveda's constitutional framework and its possible biological foundations.

The paper *“Prakriti-based differences in olfactory perception and receptor gene expression: An Ayurgenomics approach”* was published in January 2026 in the *European Journal of Integrative Medicine* (Vol 81).

» <https://www.sciencedirect.com/science/article/abs/pii/S1876382025001416>

## Researchers & Clinicians: Please share your findings!

Conducting a formal study, or gathering patient testimonials?

All of us in the Maharishi AyurVeda community are eager to hear of your research and results.

Send your articles, reports or notes to: [editor@imavf.org](mailto:editor@imavf.org)

## Ayurveda Congress 2026 in Berlin



DEUTSCHE GESELLSCHAFT  
FÜR AYURVEDA

The *Deutsche Gesellschaft für Ayurveda (DGA)* will host its specialist congress "*Longevity – Traditional Medicine and Modern Science*" on **8–9 May 2026** in Berlin.

This professional gathering offers Ayurveda practitioners in the German-speaking world a valuable platform for continuing education, exchange of clinical experience, and new impulses for practice. The congress highlights Ayurveda as a holistic traditional medical system while building bridges to modern integrative medicine.

The event will take place at the GLS Campus Berlin, a centrally located venue with a unique atmosphere and excellent transport connections.

Further information is available at: » [ayurveda.de/ayurveda-kongress-2026](https://ayurveda.de/ayurveda-kongress-2026)

## Ayurveda Health Days & Fair 2026 – *Save the Date*



VEDASET

The *Ayurveda Health Days and Fair* will take place in **Budapest, Hungary**, from **2–4 October 2026**, organised by VedaSet.

Following the strong interest in previous years, the event will expand into a **three-day programme** bringing together professionals, practitioners, and individuals interested in Ayurveda, integrative health, and conscious living.

The programme will include **expert lectures, workshops, practical demonstrations, and a wellness fair**, offering opportunities to explore Maharishi AyurVeda and connect with the growing Ayurveda community.

Please **save the date** — further information on speakers, programme highlights, venue, and registration will be shared soon.

More information and programme updates will be available at: » [www.vedaset.net](http://www.vedaset.net)



### ***New blog article:***

### ***Practitioner Stories – Feli Hoo's Journey***

In our latest *Practitioner Stories* blog interview, Malaysian Ayurveda practitioner Feli Hoo shares how her search for deeper knowledge led her to advanced training in Maharishi AyurVeda at Alma Mater Europaea in Maribor. She reflects on her experience combining Maharishi AyurVeda, Marma Therapy, Aromatherapy, and Transcendental Meditation — and describes inspiring client transformations along the way.



*"We don't 'do' the healing — we simply give attention and presence, and the body takes care of the rest."*

Read the full interview at:

» <https://mcphi.org/maharishi-ayurveda-practitioner-stories/>

# EVENTS AND COURSES

## MCPHI 2026 Courses at a Glance

Date	Course Name	Location	Instructors
10 – 27 Apr	<a href="#"><u>Maharishi Light Therapy with Gems Phase I, Part 2</u></a>	In-residence Istanbul, Turkey	Joachim, Iris, and Orelia Roller
4 May – 20 July	<a href="#"><u>Maharishi AyurVeda Integrated Approach to Psychosomatics Section 1</u></a>	Live online	Prof Dr Bruno Renzi, Dr Manohar Palakurthi & Dr Lorenza Garghetti
13 May at 7:30 CEST	<a href="#"><u>Follow-up webinar for Marma Therapy Phase 3 graduates</u></a>	Live online	Dr Rainer Picha & Dr Walter Mlk
13 – 14 June	<a href="#"><u>MAV Marma Therapy Phase 1: Self-Care</u></a>	Live online	Dr Rainer Picha & Dr Walter Mlk
6 - 11 July	<a href="#"><u>Vedic Dance Bharata Natyam</u></a>	In-residence at MERU, Vlodrop, The Netherlands	Rebecca Bush
31 Aug – 14 Dec	<a href="#"><u>Maharishi AyurVeda Integrated Approach to Psychosomatics Section 2</u></a>	Live online	Prof Dr Bruno Renzi & Dr Lorenza Garghetti
9 September at 7:30 CEST	<a href="#"><u>Follow-up webinar for Marma Therapy Phase 3 graduates</u></a>	Live online	Dr Rainer Picha & Dr Walter Mlk
22 - 27 Sept	<a href="#"><u>MAV Marma Therapy Phase 2: Family &amp; Client Care</u></a>	In-residence at MERU, Vlodrop, The Netherlands	Dr Rainer Picha & Dr Walter Mlk
5 - 12 October	<a href="#"><u>Gandharva Veda Therapy Course</u></a>	In-residence in Hungary	Vaidya Dr Shubham Kulkarni
October	<a href="#"><u>Vedic Dance Kathak</u></a>	In-residence in Turkey	Yagyaa Srivastava

## MCPHI 2026 Courses at a Glance

Date	Course Name	Location	Instructors
24 – 29 Oct	<u><a href="#">MAV Marma Therapy Phase 2: Family &amp; Client Care</a></u>	In-residence, MERU, Vlodrop, The Netherland	Dr Rainer Picha & Dr Walter Mölk
31 Oct - 4 Nov	<u><a href="#">MAV Marma Therapy Phase 3: Health Professionals</a></u>	In-residence, MERU, Vlodrop, The Netherland	Dr Rainer Picha & Dr Walter Mölk
13 – 29 Nov	<u><a href="#">Maharishi Light Therapy with Gems, Phase II</a></u>	In-residence, MERU, Vlodrop, The Netherland	Joachim, Iris, and Orelia Roller
On demand course	<u><a href="#">Maharishi Light Therapy with Gems Phase I, Part 1</a></u>	Online on demand	Joachim, Iris and Orelia Roller
On demand course	<u><a href="#">Fundamentals of Vastu living</a></u>	Online on demand	Dr Eike Hartmann, Dr Lila Maria Hartmann-Stein, Jonathan Lipman, AIA & Hannu Siika-aho

### Free Webinar: Discover the Potential of Marma Therapy in Maharishi AyurVeda

We warmly invite you to a free online webinar introducing our **Maharishi AyurVeda Marma Course Series**. MAV Marma Therapy is a gentle and profound approach from the Ayurvedic tradition that operates on the level of consciousness. This subtle and delicate treatment enlivens the inner intelligence of the Marmas to help heal, revitalise, and rejuvenate the physiology.

In this session, you will gain insight into the principles of Marma Therapy, its practical applications, and what you can expect from the training pathway.

The webinar takes place on **6 May at 7:30 pm CEST (Central European Summer Time)**.

Participation is free, but registration is required at:

» <https://mgcwp.zoom.us/meeting/register/fpC3jujSRHmzs7Vu9C4Jqg>



Werde Teil  
unseres Ärzteteams:

## WIR SUCHEN DICH Ayurveda-Arzt (m/w/d)

**Ayurveda leben. Medizin gestalten. Menschen berühren.**

In der Maharishi Ayurveda Privatklinik Bad Ems verbindest du als **approbierter Ayurveda-Arzt (m/w/d)** moderne Medizin mit authentischem Ayurveda. Du betreust unsere Panchakarma-Gäste, führst ambulante Beratungen durch, erstellst Therapiepläne und hältst Patientenvorträge.

Du arbeitest in einem engagierten Team, bringst deine **Ayurveda- und Schulmedizin-Kenntnisse** ein und unterstützt optional Webinare oder Social-Media-Aktionen.

Wir bieten dir eine sinnstiftende Tätigkeit, geregelte Arbeitszeiten, fachliche Weiterentwicklung und einen Arbeitsplatz in einer der **führenden Ayurveda-Kliniken Europas**.



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## Become an Affiliate of the *International Maharishi AyurVeda Foundation* Receive valuable benefits all year long:

Whether you are a professional in Maharishi AyurVeda, Maharishi Marma Therapy, Maharishi Aroma Therapy, Maharishi Light Therapy with Gems, Maharishi Yoga Asana or Maharishi Panchakarma, IMAVF was created to serve all your needs.

As an IMAVF Affiliate you are fulfilling Maharishi's desire to bring all the professions of Maharishi AyurVeda together into one family. Maharishi charged Dr Rainer Picha with creating an organisation that would both strengthen and unite the different disciplines of Maharishi AyurVeda. With the collaboration and support of MERU and of Dr Walter Mölk, Lothar Pirc, Dr Girish Momaya, Dr Kingsley Brooks and Prof. Dr Subhash Ranade, IMAVF has grown into an internationally recognised authority on Ayurveda.

IMAVF Affiliates are entitled to a wide range of benefits and cost reductions on courses, webinars and conferences:

### ■ KNOWLEDGE BENEFITS

- Free subscription to our regular NewsMagazine and News Bulletins – keep up with all the inspiring news about Maharishi AyurVeda from around the world and in all the disciplines.
- Access to Affiliate-only downloads, recorded webinars and presentations.
- **“Ask the Vaidya” Service for MAV-trained Doctors:** Submit specific questions about Ayurvedic diagnosis or treatment for a patient's challenging condition to our senior Vaidyas in India and get a detailed reply within 3–4 days.

### ■ SAVINGS ON COURSES, WEBINARS & CONFERENCES

- 10% discount on International Ayurveda Congresses
- 10% discount on course instruction fees for all MCPHI courses (see » <https://mcphi.org/course-calendar/>), such as:
  - MLG online on-demand and in-residence training courses
  - MAT Foundation and Consulting training courses
  - MYA courses
  - Vedic Agriculture courses
  - Vedic Dance courses(This 10% discount is valid for course fees, not meals or lodging costs - not valid with other offers.)
- 50% reduction on advanced webinars
- 10% reduction on MAV Online Training Programmes for Health Professionals offered by the *Institute of Integrative Ayurveda Medical Education, USA*, » <https://ayurveda-courses.org/professional-training/> (please contact [healthministryoffice@maharishi.net](mailto:healthministryoffice@maharishi.net) for the coupon code)
- 50% Discount on Vaidya Webinar Series — view on-demand

### ■ COMMUNITY SUPPORT

- List your MAV-certified consulting services in our global Maharishi Ayurveda directory
- Announce your local or regional Maharishi AyurVeda health-related events in our online events calendar
- Share your news and research results with the extended community of Maharishi AyurVeda professionals worldwide

**Enrollment in the IMAVF Affiliate programme gives you all these benefits for only 80 Euro per year.**

(40 Euro for professionals from developing countries, MERU staff, and Mother Divine.)

If you are not a Maharishi AyurVeda professional (yet), you may join IMAVF as a Supporter for only 80 Euro per year. (40 Euro for anyone from developing countries.)

To enroll as Affiliate or Supporter, please visit: » <https://imavf.org/benefits/>.

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- Which topics or issues would you like us to report on?
- What results, news, discoveries or successes would you like to share?
- Share your news with other MAV professionals.
- We are eager to hear your suggestions for new articles or columns.

*Just email your news and ideas to: [editor@imavf.org](mailto:editor@imavf.org)*



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