



IMAVF NewsMagazine

International Maharishi AyurVeda Foundation (IMAVF)

Serving all Maharishi AyurVeda Health Professionals Worldwide

SUMMER 2021



Dear Colleagues,

Here is your personal copy of the 18th edition of the IMAVF NewsMagazine!

As Guru Purnima approaches, we are happy to report on important progress in making the many aspects of Maharishi AyurVeda more easily available around the world.

Dr Tony Nader has published an important introduction to the science of consciousness that was our founder's life work. Dr Nader's new book *One Unbounded Ocean of Consciousness* makes this knowledge easily accessible to the public.

A major development is the transition of many key training courses to an online format: courses in both Maharishi Aroma Therapy and Maharishi Light Therapy With Gems have been successfully offered online, with no loss in experience or understanding.

MIU in Fairfield Iowa is now the undisputed leader in the USA in offering training in Ayurveda, and Alma Mater Europaea University's graduate course in Ayurveda continues with students from 9 countries.

And the expertise of the most experienced Maharishi AyurVeda Vaidyas is now available via Skype or Zoom consultations.

The pandemic has presented big challenges to us all, but we now see that it has also prompted us to accelerate our online course and consultation offerings.

We are grateful to all members of the extended Maharishi AyurVeda family, for your commitment, and we wish everyone continued success!

Dr med Rainer Picha
IMAVF Chairman of the Board

P.S. IMAVF is here to serve you – please invite your colleagues to join IMAVF – and if you are not yet an IMAVF affiliate yourself, please [click here to enroll \(or renew!\)](#)

IMAVF Affiliates, share your success:
See your story published in our NewsMagazine!
Email your news to: editor@imavf.org



Next Postgraduate Ayurveda certificate programme announced for 2022 at Alma Mater Europaea University, Maribor, Slovenia.

Details here: www.imavf.org/professional-training-2022

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New Maharishi AyurVeda Institute launched in the United Kingdom



The Maharishi AyurVeda Institute (MAVI-UK) has been created to provide a national vehicle for promoting the knowledge of Maharishi AyurVeda within both the health professions and the general public. The new Institute was established by reviving and renaming the dormant charity known as the Maharishi AyurVeda Disease-Free Society Trust.

To achieve Maharishi's goal of a disease-free society, the Institute will sponsor education and training programmes to create more Maharishi AyurVeda practitioners, while also setting standards for the safe practice of Maharishi AyurVeda. In addition, the charity will promote the sustainable use of plants and minerals for the materia medica of Maharishi AyurVeda, and promote

high standards of quality control in the manufacture and supply of products used in its practice. The Institute will also encourage, fund and publicise the results of scientific research on Maharishi AyurVeda.

The five Trustees of the Maharishi AyurVeda Institute are: Dr Peter Warburton, Chief Executive Officer of Maharishi Foundation UK, Dr Geoffrey Mead, Joint Director of Health for England with Susan Lincoln, Maharishi AyurVeda practitioner, David Whitley, former Managing Director of Maharishi AyurVeda Products UK and Richard Johnson, National Director of England, Maharishi Foundation.



Dr Peter Warburton



Dr Geoffrey Mead



Susan Lincoln



David Whitley



Richard Johnson

Dr Tony Nader, keynote speaker at the UN International Day of Yoga



Dr Tony Nader, MD, PhD, MARR



Over 400 people attended the online symposium on 21 June, celebrating the UN International Day of Yoga, held by the UK All-Party Parliamentary Group on Indian Traditional Sciences. The symposium was supported by the High Commission of India in the UK, and the panel of speakers included prominent parliamentarians, senior diplomats, the High Commissioners of India and Sri Lanka, revered spiritual and faith leaders, and eminent scientists and academics.

Armajeet Bhamra, Secretary of the All-Party Parliamentary Group on Indian Traditional Sciences, moderated the event.

Keynote speaker Tony Nader, MD, PhD, MARR spoke on the subject of "One Unbounded Ocean of Consciousness." Dr Nader highlighted the profound value of Yoga and Indian traditional sciences in raising consciousness on a global scale and providing practical answers to the big questions in life.

To watch part of the Symposium recording, including the keynote address by Dr Tony Nader, click here:

www.youtube.com/watch?v=YL4F0DgRJ0o

Expansion of Maharishi AyurVeda at Maharishi International University, USA

As of August, Maharishi AyurVeda students at MIU, Fairfield, Iowa, USA, will reach over 800. This is the largest programme in MIU history. The MS in Maharishi AyurVeda and Integrative Medicine will include over 400 students, and so will the BA in Ayurveda and Integrative Wellness. Most of the students are from the US but also from Europe, Asia, Australia, and Latin America.

And this fall, the BA will add a new specialisation in Maharishi Yoga. Students with this specialisation will become instructors in Maharshi Yoga Asanas. And the plan is to have our graduates qualify for certification by the Yoga Alliance, the world's largest yoga certification organisation.

As part of this expansion, MIU has recently opened the Doshi Center for Integrative Medicine in Los Angeles, California. This centre will double the clinical training capacity of the MS and BA programmes. A new team of medical doctors and Vaidyas is stationed in LA to provide full integrative medicine consultations and train the hundreds of Maharishi AyurVeda health educators and practitioners. This building was a generous donation from the Doshi family. Dr Navim Doshi recently received his honorary doctoral degree from MIU. He is



a humanitarian, successful businessman, author and has been a major proponent of Vedic knowledge for decades. MIU is grateful for this generous gift, one of the largest the University has received.

MIU's Ayurveda programme is now the largest in the United States. Within a few years, there will be hundreds of health educators and practitioners working across North America and other countries, bringing this knowledge of health and enlightenment to the world.

For more information about MIU's programmes in Ayurveda click here: www.miu.edu/ba-in-ayurveda-wellness

Modern science verifies importance of key Ayurvedic principle:

A Changing Gut Microbiome May Predict How Well You Age – NYTimes.com

Introduction by Dr med Rainer Picha

This recent article published in *The New York Times* describes the influence of the gut microbiome on our health and the ageing process. This is a fascinating verification from modern science but not surprising for those knowledgeable in Ayurveda. The ancient Ayurvedic texts tell us that the cause of most diseases is a disturbed Apana Vata which has its main seat in the large intestine – the home of the gut microbiome.

The article also mentions that eating plenty of fibres such as those contained in legumes, fruits, nuts, and vegetables has a positive effect on health and ageing. This is in line with the standard recommendations in the Ayurvedic diet. I am sure modern science will soon discover more Ayurvedic treatments that influence the gut microbiome, such as Basti, Virechana, Snehana and a wide range of special Ayurvedic food preparations.

[Click here to view article.](#)

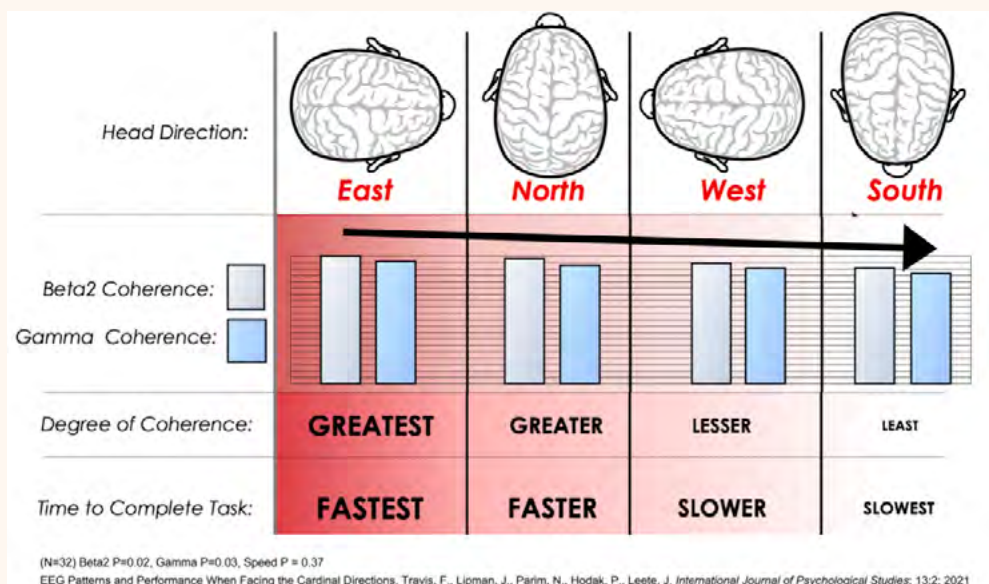
Groundbreaking research on orientation and brain functioning

provides validation of Maharishi Vastu directional guidelines

A recent study by leading brain researcher Dr Fred Travis, Director of the Center for Brain, Consciousness, and Cognition at Maharishi International University, Fairfield, Iowa, USA, has demonstrated the effect of head orientation on brain coherence and task performance. The carefully designed study examined differences in both brain coherence and task performance when people face different cardinal directions.

The study of 28 subjects measured beta and gamma brain wave coherence and the speed in completing jigsaw puzzles. The results demonstrated that puzzles were completed faster and that brain coherence was greatest when subjects were facing east, then north, then west and south.

The authors concluded that head direction affects both speed of performance and increased levels of beta and gamma coherence exactly as anticipated in Maharishi Vastu architecture, and greatly advances the scientific validation of this important system.



The correlation between head direction, brain coherence, and time to complete a task.

The peer-reviewed study by Travis, Lipman, Parim, Hodak and Leete has been published in the *International Journal of Psychological Studies* and may be viewed in its entirety at www.ccsenet.org/journal/index.php/ijps/article/view/0/45144.

Ayurveda and its philosophical background

Exploring the Vedic contexts for the Science of Life – Part 1



Prof Dr Bruno Renzi, Psychiatrist and Director of Maharishi College of Perfect Health International and Co-director of the Maharishi AyurVeda Health & Prevention Centre in Milan, Italy, has written a fascinating exploration of Ayurveda's relation to both western science and to the Vedic Literature.

The full article can be found here.

www.imavf.org/wp-content/uploads/pdf/Ayurveda_and_Its_Philosophical_Background.pdf

Here are highlights of Dr Renzi's analysis:

"Ayurveda is profoundly associated with the mystery of life. The flow of life and the stream of intelligence are intimately linked by their origins: in this sense, Ayurveda, or "knowledge of life," harks back to the very first manifestation of cosmic existence."

"Surendranath Dasgupta¹ declared: "Medicine was the most important of all physical sciences cultivated in India during the Vedic period and was intimately connected with the physics proposed by the Sāṃkhya and Vaiśeṣika, and probably provided the grounds for those subsequent speculations found in the Nyāya-sūtra."

"Suśruta, the author of the Suśruta Saṃhitā says that in order to understand Ayurveda, a student needs to have some preparation in a number of different branches of knowledge, including philosophy; although the various Darśana mainly focused on metaphysical aspects, they are to be considered as the basic knowledge of Ayurveda."

"Ayurveda is deeply influenced by Indian philosophical thought: in order to understand the basics of the classification of psychopathology in Ayurveda, which in its literal sense means "knowledge of life," I think it would be appropriate

to outline the relationship between Ayurveda and the Indian philosophical schools, with particular reference to the Sāṃkhya and Nyāya-Vaiśeṣika."

"The theory of the three Guṇas of the Sāṃkhya Darśana was used in Ayurveda in the formulation of the philosophical assumptions and, on an application level, also in the structuring of man's constitution, of the organisation of the constitutions from the psychological point of view and as regards the treatment of psychological disorders."

"Suśruta indicates a further extension to these philosophical assumptions and defines the correlation between the three Guṇas and the Panchamahabhuta, i.e. the five elements: he states that Sattva is prevalent in Akasha and Rajas is prevalent in Vāyu; in addition, Sattva and Rajas are present in Agni, Sattva and Tamas in Jala and Tamas in Prithvi. So, we can see that the three Guṇas take part together in the formation of the primordial nature and, at the same time, exert an influence over the nature of the five Panchamahabhuta, thus laying the foundations for the whole universal evolution and considering all resulting manifestations as an expression of consciousness and, therefore, animate."

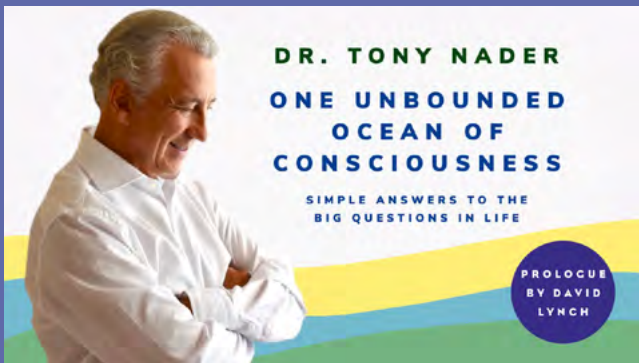
"The first reality relates to the vibrational aspect, i.e. the particular phonetic and rhythmic structure of the Veda, which generates effects on other structures with specific vibratory densities: as pointed out by Prof Tony Nader in his book "Human Physiology: Expression of Veda and Vedic Literature", it is the parallelism between the structure of human physiology and the structure of Veda, which allows us to understand the deep relationship and order among the objective structures in the material world."

1. Dr Dasgupta was a renowned Sanskrit scholar who received his PhD from Cambridge University in England and was honoured in both Europe and India for his deep insights into both western and Indian philosophy.

Dr Tony Nader's new book "One Unbounded Ocean of Consciousness"

now available in English and Spanish

Compelling answers to life's biggest questions



Dr Tony Nader wrote this new book to make the fundamental knowledge of consciousness available to the general public.

He organised the 21 chapters of the book to present the basic understanding of Maharishi's knowledge of consciousness by following the principles of Nyaya, one of the six systems of Indian Philosophy.

www.drtonynader.com/one-unbounded-ocean-of-consciousness/

In an interview at the Global Family Chat this past April, Dr Tony Nader explained:

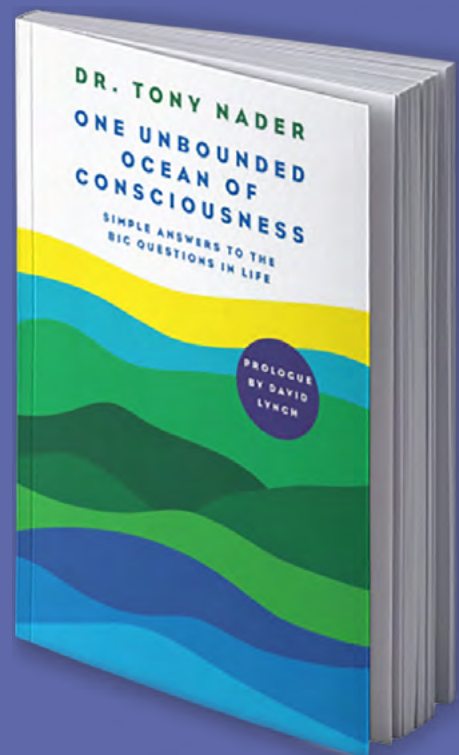
"When you look deeply into Nyaya and we say that there are these 16 principles, they are very important basic principles of how to distinguish and decide and how to come to a conclusion and how to gain true knowledge. In modern times they call this epistemologically and philosophy and all of that, but it's also science."

And he further explained:

"The ultimate truth is that it is the unmanifest pure being, pure consciousness that itself manifests as the outside reality. And this book *One Unbounded Ocean of Consciousness* does exactly that among many, many other things and among many conclusions in that aspect, which is to show how the unmanifest manifests. So, the book is really a story of the manifestation. In that sense, it tells a story. It's the story of life, the story of living, it's our story, all of us, of how we came and where we go and how it develops and what is our position and all the implications of that in our life and living, and freedom and determinism and happiness and suffering and what we go through and what we can expect and how we can make the best out of it."

Dr Tony Nader's new book is available for instant download as a kindle, or in paperback in Spanish:

www.drtonynader.com/one-unbounded-ocean-of-consciousness/



Dr Keith Wallace's new book **SELF EMPOWER**

SELF EMPOWER, coauthored with Samantha Wallace and Ted Wallace, is now available on Amazon.

SELF EMPOWER provides a practical manual to integrated growth by applying the latest advances in neuroscience, Ayurveda, and state of the art self-coaching techniques. It provides a road map to making positive changes with easy-to-learn, practical, self-coaching tools to discover who you really are and how you can become healthier, happier, and more successful in your personal relationships, career, and every part of your life.

The user-friendly format provides recommendations in three fundamental areas: the "Essential Self," the "Neuro Self," and the "Outer Self." For instance, at work, this means adopting new habits that improve your performance and allow you to rise to a higher level of leadership. At home and with friends, it means becoming more sensitive to emotional triggers and creating greater empathy and understanding.

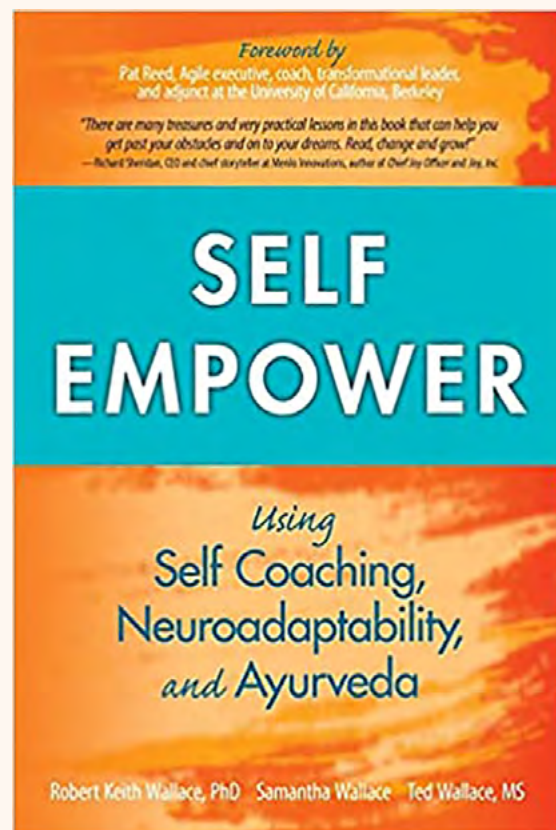
SELF EMPOWER recommends learning Transcendental Meditation and the programmes of Maharishi AyurVeda to enable you to naturally rewire your brain and accelerate a process of learning, achievement, and fulfillment.

The book is available in paperback or as a kindle download:

www.amazon.com/Self-Empower-Self-Coaching-Neuroadaptability-Ayurveda

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- Musculoskeletal disorders such as arthritis and back problems
- Gastrointestinal, cardiovascular, endocrine disorders
- Mental problems, such as anxiety, depression and insomnia etc
- View the complete list of disorders or book your healing session at: www.VedicSound.org



Specific Vedic Sounds match the vibrational quality of a particular area of the physiology to enliven its repair mechanism and help restore the original orderly pattern.

The Maharishi Vedic Sound Technology programme is not intended as a replacement for any medical care that might be necessary. Individuals who inquire about the programme are advised to follow the recommendations of his or her physician. In case of improvement of the condition, patients are further advised to consult with their doctors before reducing, changing or discontinuing any treatment they are receiving.

* BASED ON THE DISCOVERY OF PROF. TONY NADER MD, PHD • WWW.VEDICSOUND.ORG

Online consultations with senior Ayurvedic Vaidyas now available

*“Ayurveda is Veda of Ayu – complete knowledge of life.
It is the science of life, the science of wholeness of life,
the science of perfect health.”*

Maharishi Mahesh Yogi

Health is Wholeness which we derive out of balancing the three fundamental regulatory principles (Doshas) – Vata, Pitta, and Kapha. When the Doshas are out of balance, our immune system gets weakened, and we become more prone to health problems. Maharishi AyurVeda consultation helps detect your present state of physiology, locate the underlying imbalances and their root causes, and provides measures to bring physiological balance for long-term good health and natural well-being.



Dr Hanumantha Rao holds an MD in Ayurveda and is Chief Maharishi AyurVeda physician at the MERU Health Centre in the Netherlands, where he is also an esteemed professor at MERU. Trained in Maharishi AyurVeda under Maharishi's guidance, he has travelled extensively to over 30 countries worldwide, teaching numerous Maharishi AyurVeda physician training courses, consultant training courses, Panchakarma technician training courses, and Maharishi AyurVeda education courses. He also has given innumerable public lectures, interviews and conducted workshops on Maharishi AyurVeda.

Maharishi AyurVeda expert Vaidyas at MERU are now available via Skype or Zoom consultation to provide specific dietary recommendations, advice related to the lifestyle changes, and recommendations for appropriate Maharishi AyurVeda food supplements, daily and seasonal routines, and treatments to strengthen the body's immune system and help prevent health problems from arising.



Dr Balakrishna Mohandoss is an expert in Maharishi Vedic Approach to Health. He has toured extensively in Europe, U.S.A. and other countries, propagating and giving courses and guidance in Maharishi AyurVeda for twenty-five years. He is a resident Vaidya at Maharishi AyurVeda Health Centre at MERU, The Netherlands, since 2008. Earlier, he has served as resident Vaidya at Lancaster, Massachusetts, U.S.A. For his exemplary and devoted services for the propagation of Maharishi's Vedic Science in the last forty years, he has been awarded an honorary doctoral degree by MERU, Switzerland.

To arrange for a consultation:

- **Apply online:** meruhealthcentre.com/application/
- **Call:** +31 610 804 794
- **Or E-mail:** ayurveda@meru.international
- Skype or zoom consultations last for 30 to 45 minutes.
- Initial Consultation fee: EUR 90
- Follow-up Consultation fee: EUR 60

(The follow-up consultation will last for 20-30 minutes and should be done within 6 months after the initial consultation.)

For more information: <https://meruhealthcentre.com>

Students from 9 countries attend Alma Mater, Slovenia to earn their Postgraduate Certificate in Ayurveda

The first Postgraduate Certificate Programme in Ayurveda at Alma Mater Europaea University in Slovenia is progressing with students from 9 countries and 3 continents: Slovenia, Croatia, Ireland, United Kingdom, Lebanon, Slovakia, Denmark, France and South Africa.



University of Alma Mater Europaea – ECM University (AMEU) at Maribor, Slovenia



Dr Gordana Marković

"As the principal teacher, I can say that we are very satisfied with the participation levels, the involvement and the interest shown by the students in the programme", explained Gordana Marković, Director of the programme.

After the first online course of studies in April this year, the students have begun integrating their new knowledge into their everyday practice. Students present their case studies via online webinars to the teachers and the rest of the group.

Course participants were enthusiastic about the course structure and content:

"I worked around Ayurveda for a long time, but there was so much new knowledge there, it was just fantastic! A big thank you to everybody involved in putting this together. It's a great, great start, and it has given me a lot of confidence."

Course participant from Ireland

"Although it was a tremendous amount of information..., I did not realize that I'd managed to retain as much as I did and so I actually tried to put it into practice today. So, a huge congratulations and an even bigger Thank you!"

Course participant from South Africa

"It has been more than a week ago that I was like completely clueless about all this and now I feel..... like a new world has opened up."

Health practitioner from South Africa

The next course block will be held in person in Maribor in early August. The programme will continue with pulse diagnosis and lectures about Subdoshas, protocols for cardiovascular disorders, gynaecological disorders, and musculoskeletal disorders, among other topics.

"We are all looking forward to continuing to help our students expand their existing knowledge of Maharishi AyurVeda and further broadening and expanding it", Professor Marković added.

"We hope that we will continue to educate many more medical professionals who will start practising Maharishi AyurVeda in the following years, and thereby enable more people to improve their health by applying this knowledge in their everyday lives."

The next Postgraduate Programme in Ayurveda is planned to start in April 2022 at Alma Mater University Maribor, Slovenia.

If you are interested in more details, please click this link: www.imavf.org/professional-training-2022/ and leave your full name, country of residence, email, and phone number in the form. We will contact you as soon as the programme schedule is finalised.

More than 260 students complete new online Maharishi Aroma Therapy Foundation Courses

A 6-week, 12-lesson interactive online course based on the principles of Maharishi AyurVeda and modern aromatherapy was recently completed by 102 Course Participants, making a total of 262 graduates, trained within the last ten months.

The online Maharishi Aroma Therapy Foundation Course gave students both the theoretical and practical knowledge to apply nature's pharmacy for prevention and promotion of good health.

This new online format was well-received by the students:

“Excellent, thorough, methodical, balanced course, beautifully presented with superb input from additional expert speakers via video. Also, amazingly good facility for comments, questions and input from course participants. Fantastic.” *RS*

“I enjoyed everything very much: The lectures, the extensive additional course material, the additional lectures by other experts, the Maharishi lectures, the friendly way of dealing with the course participants and the lecturers among themselves, the singing of the pandits, the additional links and the possibility to repeat and browse through the downloads at your leisure until December.” *BT*



Maharishi Aroma Therapy Consultant Training Course Phase 1 begins 25 September

After completion of the Maharishi Aroma Therapy Foundation Course, the next phase of training is the Maharishi Aroma Therapy Consultant Training Course Phase 1, to be held live online from 25 September to 31 October 2021.

In this course, participants will learn:

- How to conduct a Maharishi Aroma Therapy Consultation
- Comprehensive knowledge of specific oils to facilitate your choice for therapeutic purposes
- Systematic procedure for selecting the appropriate oils for particular concerns
- How the essential oils work with regard to their chemical components and Ayurvedic qualities
- How to use the essential oils for each of the 8 bodily systems, based on the principles of Maharishi AyurVeda
- An introduction to the use of hydrolates as an extension of Maharishi Aroma Therapy
- An introduction to the new line of essential oils

In this way, the course will cover the whole range of Maharishi Aroma Therapy from the gross physical to the most subtle energetic and spiritual levels.

If you have completed the Foundation Course and want to give consultations to your family and friends, or simply strengthen your knowledge of Maharishi Aroma Therapy, you are welcome to join!

Phase 2 of the Consultation course, which will complete the basic training in Maharishi Aroma Therapy, will be held at the beginning of next year.

For details and to apply:

www.meru.international/online-courses/event-overview-maharishi-aroma-therapy-consultation-course/

COURSES AND SERVICES

Maharishi Light Therapy with Gems (MLG)

Students from 41 countries attend the first online course

The first-ever online course on Maharishi Light Therapy with Gems took place in March with 137 course participants from 41 countries, including a big group from Japan and participants

from China, Russian-speaking countries, Europe and the USA. Most of the course participants were TM Governors, accompanied by around 30 Sidha health practitioners.



Course participants learned about the specific qualities of the gems, their connection to consciousness and the planets, and the discovery of MLG.

“This course was full of enlightening knowledge. It opened a new world of understanding of how gems are structured with orderliness of the Unified Field and that light passing through them into our physiology resonates with our own ‘stardust’ to heal and realign. I look forward to this modality becoming more available for everyone.”

MLG Online Course Participant

The second part of this online course is planned to be held in September of 2021. It will provide deeper knowledge of the qualities and properties of the gems and their relation to the rest of the Universe.

For details on upcoming courses, [click here](#) or contact mlg-info@maharishi.net.

YOUR NEWS IS OUR NEWS! *Share your news to inspire our readers*

All of us in the many disciplines of Maharishi AyurVeda, as well as integrative health experts around the world are eager to hear of your successes.

If you have published a study, opened a clinic, taught a course (or even better are planning to teach a course!) let us know!

We publish the IMAVF Newsletter three times a year; please send in your news to editor@imavf.org.



Become an Affiliate of the International Maharishi AyurVeda Foundation Receive Valuable Benefits All Year Long:

Whether you are a professional in Maharishi AyurVeda, Maharishi Marma Therapy, Maharishi Aroma Therapy, Maharishi Light Therapy with Gems, Maharishi Yoga Asana or Maharishi Panchakarma, IMAVF was created to serve all your needs.

As an IMAVF Affiliate you are fulfilling Maharishi's desire to bring all the professions of Maharishi AyurVeda together into one family. Maharishi charged Dr Rainer Picha with creating an organisation that would both strengthen and unite the different disciplines of Maharishi AyurVeda. With the collaboration and support of MERU and of Dr Walter Mölk, Lothar Pirc, Dr Girish Momaya, Dr Kingsley Brooks, and Prof Dr Subhash Ranade, IMAVF has grown into an internationally recognised authority on Ayurveda.

IMAVF Affiliates are entitled to a wide range of benefits and cost reductions on courses, webinars and conferences:

■ KNOWLEDGE BENEFITS

- Free subscription to our regular NewsMagazine and news bulletins – keep up with all the inspiring news about Maharishi AyurVeda from around the world, and in all the disciplines.
- Access to Affiliate-Only downloads, recorded webinars and presentations.
- Access to our online Professional Forums in the department of Maharishi AyurVeda. Post your questions, receive answers by the experts, share your experience and tips of your practice.
- **Special Service!** "Ask the Vaidya" Service: Submit your questions about any aspect of Ayurveda to our senior Vaidyas in India and get a detailed reply within 3-4 days. FREE to all IMAVF Affiliates!

■ SAVINGS ON COURSES, WEBINARS & CONFERENCES

- 10% discount on International Ayurveda Congresses: October 2020 in Kathmandu, Nepal.
- 10% reduction on course instruction fees on all health-related MERU courses.
(This 10% discount is valid for course fees, not meals or lodging costs - not valid with other offers.)
- 50% reduction on advanced webinars.
- 10% reduction on MAV Online Training Programmes for Health Professionals offered by the Institute of Integrative Ayurveda Medical Education US
- Vaidya Webinar Series -- View Live or Stream on Demand. 50% Discount

■ PROFESSIONAL SUPPORT & COMMUNITY

- You will be able to announce your local or regional Maharishi AyurVeda health related events in our online events calendar.
- Share your news and research results with the extended community of Maharishi AyurVeda professionals worldwide.

Enrollment in the IMAVF Affiliate programme gives you all these benefits for only 80 Euro per year.

[Click here to enroll.](#)

(40 Euro for professionals from developing countries, MERU staff and Mother Divine.)

If you are not a Maharishi AyurVeda professional, you may join the IMAVF as a Supporter for only 80 Euro (40 Euro for anyone from developing countries.) **[Click here to enroll.](#)**

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Just email your news and ideas to: editor@imavf.org



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