



IMAVF NewsMagazine

International Maharishi AyurVeda Foundation (IMAVF)

Serving all Maharishi AyurVeda Health Professionals Worldwide

AUTUMN 2019

Dear Colleagues,



We are thrilled to report that the Government of India, represented by Prime Minister Modi, the AYUSH Minister and other dignitaries has honoured Maharishi Mahesh Yogi with a commemorative stamp for his contributions to Ayurveda and Yoga.

The ceremony recognised Maharishi as one of the 12 Great Healers of India, along with Dr Brihaspati Dev Triguna and other luminaries in Ayurveda.

In this issue you'll also learn about the establishment of the Department of Dance Therapy ... enjoy deep insights into the consciousness-based Maharishi Light Therapy with Gems program ... and get updates on the next International Ayurveda Congress to be held in Kathmandu, Nepal in 2020.

IMAVF continues to strengthen our relationships with AYUSH, the Indian Government's Health Ministry for Ayurveda and related modalities, as well as with leaders in all areas of the Health Care Community, including alternative health professionals, ayurvedic practitioners, and government health ministries.

We are grateful to all the practitioners of Maharishi AyurVeda who continue to bring out these consciousness-based technologies all over the world. Whether you are a professional in Maharishi AyurVeda, Maharishi AyurVeda Marma Therapy, Maharishi Aroma Therapy, Maharishi Light Therapy with Gems, Maharishi Yoga Asana or Maharishi Panchakarma, the world is a healthier place because of your dedication!

Please invite your colleagues to join IMAVF – and if you are not yet an IMAVF affiliate yourself, please [click here to enroll \(or renew!\)](#)

Wishing you the best,

Warmly,
Dr med Rainer Picha
IMAVF Chairman of the Board

Vedic Dance to Transform Physiology



Faculty established for new Department of Dance Therapy

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Indian Government Honours Maharishi Mahesh Yogi with Commemorative Stamp



AYUSH Minister Sripad Yesso Naik, Prime Minister Narendra Modi, AYUSH Secretary Dr Rajesh Kotecha, AYUSH Adviser Dr Manoj Nesari

On August 30, 2019 at Vigyan Bhawan, New Delhi, the Indian government held a live-streamed ceremony to introduce commemorative stamps to honour the 12 great healers of India, including Maharishi Mahesh Yogi and Dr Brihaspati Dev Triguna for their services in the areas of yoga, meditation and Ayurveda.

Over 2000 dignitaries attended the ceremony which was also broadcast live throughout India by the government and private TV channels and by live-streaming on the internet.



Dr Girish Momaya, Lothar Pirc, AYUSH Minister Sripad Yesso Naik, AYUSH Secretary Dr Rajesh Kotecha, AYUSH Adviser Dr Manoj Nesari

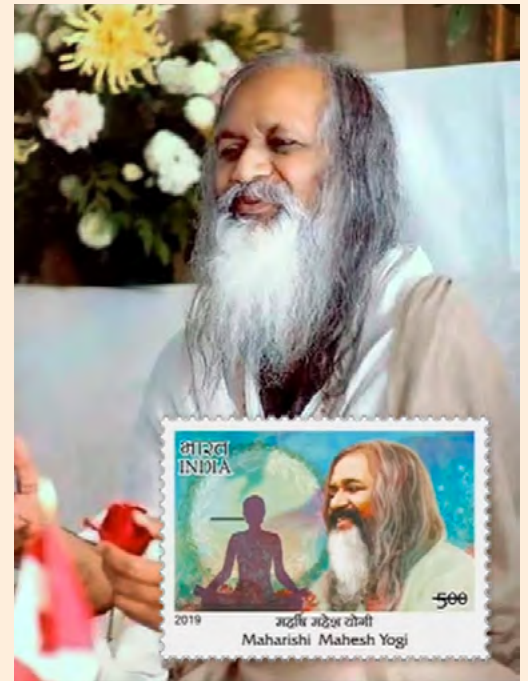
As representatives of the International Maharishi AyurVeda Foundation, Dr Girish Momaya and Lothar Pirc, were invited as guests of honour.

View Video of Ceremony Here:

facebook.com/moayush/videos/452593605293202

**Complete sets of Commemorative Stamps
Now Available:**

epostoffice.gov.in/buy_Gueststamps.aspx



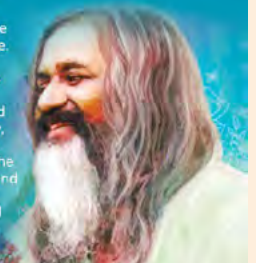
Master Healers of AYUSH

A set of Commemorative Postage stamps on 12 path finding AYUSH healers will be released by Prime Minister Shri Narendra Modi on 30th August, 2019 in New Delhi

Maharishi Mahesh Yogi

Maharishi Mahesh Yogi is one among the personalities figuring in the commemorative set.

Known for original contributions to Yoga and Meditation, he is remembered most for developing the Transcendental Meditation technique. The Shankaracharya of Jyotirmath, Swami Brahmananda Saraswati, was his guru. From 1955 he travelled around India and the world to spread his message of peace and spirituality, and inspired thousands of followers. Maharishi's legacy lives on through the numerous books that he authored, and the many institutions that he set up, including the Maharishi International University (later renamed Maharishi University of Management).



Master Healers of AYUSH

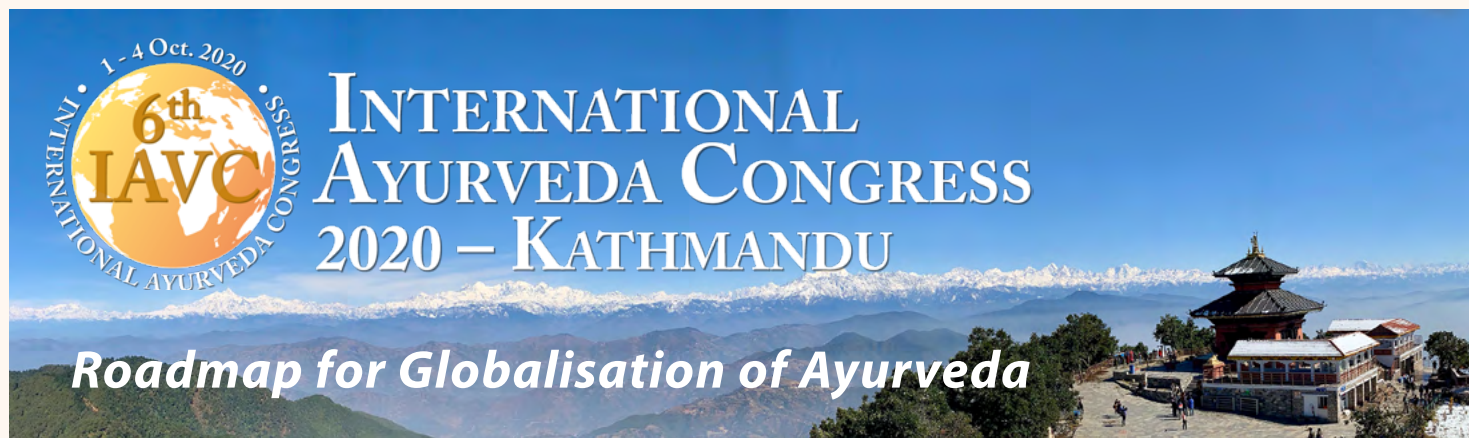
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Vaidya Brihaspati Dev Triguna

Vaidya Brihaspati Dev Triguna is one among the personalities figuring in the commemorative set.

He was an accomplished Ayurvedic physician and scholar, famous for his skills of pulse diagnosis. In association with Maharishi Mahesh Yogi, he was instrumental in establishing large number of Ayurveda Clinics and Panchakama Centres globally. The nation honoured him by conferring on him the Padma Vibhushan.





SAVE THE DATE! 1-4 Oct 2020

The 6th International Ayurveda Congress in Kathmandu, Nepal

The International Maharishi AyurVeda Foundation, in conjunction with its international co-sponsors, will hold the sixth in a series of International Ayurveda Congresses in Nepal for the first time.

International leaders in Ayurveda are expected to attend and make presentations; participants and programme schedule are still being finalised. Mark your calendars – this promises to be an exciting event in one of the most scenic locations in the world.

IMAVF Members will receive a 10% discount on the Congress fee. For updates please check:

internationalayurvedacongress.com/nepal-2020/

US Governors Inspired to Bring Maharishi Yoga Asana Course to Their TM Centers

On July 4-6 over 300 US Governors of the Age of Enlightenment gathered at Maharishi University of Management for their annual Governor's Conference. The theme was "knowledge and experience". A featured presentation on Maharishi Yoga Asanas was given by Gudrun Buchzik, Director of the Department of Yoga, Maharishi College of Perfect Health International, Paul Morehead, Associate Dean of MUM College of Integrative Medicine, and Carol Morehead, Chair of the Kansas City TM Center.

The Governors were presented some of the key principles from the 16-Lesson Maharishi Yoga Asana course, as well as a demonstration and practice session of the Maharishi Yoga Asanas, as delineated in that course. Dr Morehead presented key principles in Maharishi Yoga Asanas, including the definition of Yoga (Yoga is transcending of the activity of the mind) and the all-important role of attention in performing these very special

yoga asanas. This can transform the experience, and result in "The Dawn of Unboundedness" during the practice.

Gudrun presented the principles of proper performance of the asanas, including proper alignment and symmetry, which ensures maximum benefit for mind and body. Her precise instruction left the Governors inspired and wanting to hear more. Now many of the Governors plan to offer the 16-Lesson Maharishi Yoga Asana course in their area and to attend the next Maharishi Yoga Asana Teacher Training Course to be held next year.

We hope everyone has a chance to take either the 16-Lesson Maharishi Yoga Asana course or the Maharishi Yoga Asana TTC very soon. Either course has been found to transform the experience not only in the practice of Maharishi Yoga Asanas, but also our practice of the TM and TM-Sidhi program.

For more information please contact yoga@imavf.org



ADAVED Foundation Meeting

ADAVED - First Ayurveda Umbrella Organisation Established in Germany

On May 7, 2019, a wide range of German Ayurveda associations and Ayurvedic institutions came together to officially establish ADAVED as the umbrella organisation for Ayurveda in Germany, which has long been envisioned by many Ayurveda experts. ADAVED's founders include leaders in the field of education, spas and clinics, products and manufacturing, research and media.

Lothar Pirc, CEO of the Maharishi AyurVeda Health Centre Bad Ems, was elected to the board as a representative of the German Ayurveda Association (DGA).

ADAVED's Mission

"The goals of this umbrella organization for Ayurveda in Germany are the promotion, dissemination, integration, and recognition of Ayurveda as a comprehensive medical system in Germany. To get Ayurveda recognized in Germany as a traditional health system, and to promote and spread it, that is the purpose of ADAVED."

On September 15, 2019 the Secretary of the Indian Ministry Ayurveda and Yoga, visited the Maharishi AyurVeda Private Clinic Bad Ems, Germany.

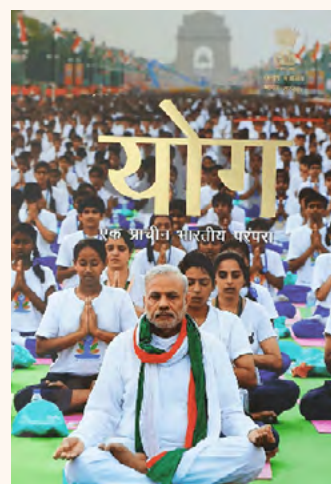


Vaidya Prof. Rajesh Kotecha, the Secretary of the Indian Ministry Ayurveda and Yoga, (3rd from right) visited the Maharishi AyurVeda Health Centre Bad Ems in September. He presented Dr Karin Pirc and Mr Lothar Pirc with a display of the just-issued postage stamps honoring 12 master healers of India including Maharishi Mahesh Yogi and Brihaspati Dev Triguna, who played a key role in establishing Maharishi AyurVeda.

Vaidya Prof. Kotecha also presented them with a recently-published book about the importance of Indian Saints, which also includes a section on Maharishi Mahesh Yogi.

NEWS:

October 2019, the German News Magazine FOCUS GESUNDHEIT recognised the Maharishi AyurVeda Health Centre Bad Ems as a top Institution for Medical Wellness in Germany.



Exploring Maharishi Light Therapy with Gems (MLG)

An Interview with Ayala Melzer

Maharishi Light Therapy with Gems (MLG) is a modality of Maharishi AyurVeda (MAV) that functions at the junction where consciousness expresses itself as matter. This technology was developed by the MLG department heads Joachim and Iris Roller under Maharishi's guidance. The following are excerpts from an interview with Ayala Melzer, a leading MLG expert practitioner who provides this consciousness-based treatment to clients worldwide.

How does light affect consciousness?

What are the mechanics?

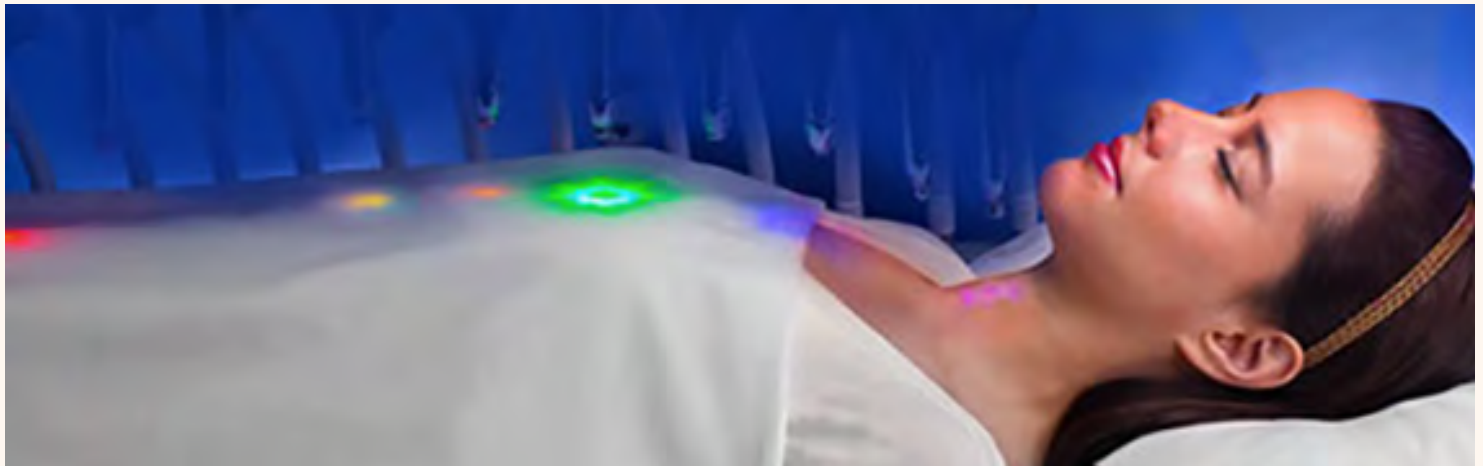
Consciousness is an all-pervading field and everything is a pattern of consciousness. On its finer physical level, consciousness manifests as light energy. On a grosser level, the same consciousness manifests as matter.

What is the relationship between consciousness and light and the human physiology?

There is a resonance that connects consciousness with light and with the physiology, which is starting to be studied in mainstream science. The hormonal glands and the skin respond to light, as in the synthesis of Vitamin D. Other examples include Seasonal Affective Disorder (SAD): Reduced sunlight causes a drop in serotonin and melatonin, which causes depression and



disruption of sleep. Treatment for this includes light therapy. It is also well known that the thalamus receives sensory inputs, including light, before distributing them to the appropriate areas of the cerebral cortex. The thalamus is also intimately involved in regulating the quality of conscious experience.



What is the effect of different kinds of light?

Gems represent the most orderly structure in the Universe. They reflect light in a specific wavelength. According to quantum mechanics, the intelligence of the photon* of light is not limited to its wavelength only. The photon has a memory of the gem which transmitted it, so all the orderliness and the specific intelligence that is the characteristic of that particular gemstone is transmitted by the light.

The mineral kingdom has the memory of the entire universe.

Since the gemstones are primordial and made of the same minerals that provide nourishment to the plant kingdom, the animals, and to us as human beings, they carry this primordial memory of the basis for life. The same trace elements which are catalysts to biochemical processes in our physiology give rise to the beautiful colors of the gems. For example, chromium gives ruby the red color and is important in glucose metabolism; and iron gives the yellow color to the yellow sapphire and is involved in blood production and oxygen transfer.

Maharishi College of Perfect Health International

Maharishi Light Therapy with Gems

What have you observed in the reactions of clients who have experienced this light therapy?

The experience of MLG is an innocent experience. For essentially everyone, the experience is one of pleasant, deep relaxation and even transcendental experience. And for many, physiological and psychological problems spontaneously resolve. Many people report feeling a deep improvement occurring on subtle, yet profound, levels of their mind, emotions, and physiology. The pain subsides and the remains of old injuries disappear, resulting in a more balanced and overall nourishing effect throughout the body. And many also report happiness, more energy, and other benefits.

Is it always the same? Or do people have very different experiences?

Different people have different experiences and the same person may have different experiences at different times. There are three factors: level of consciousness, how they feel at the moment, and the circadian cycles. We can say that the light goes where it is most needed, so the process is easy. People often report witnessing their own healing process.

Why do some people respond more dramatically to light therapy?

Different physiologies respond differently, depending on what the need is. Although MLG is always beneficial and life supporting, some people may have very specific improvements depending on their condition. The following testimonial is an example of a dramatic improvement:

I am a breast cancer survivor and went through conventional treatments a couple of years ago. Since finishing up with the treatments and coming back into good health again, I found myself experiencing a significant amount of lingering fatigue and weakness. Maharishi Light Gem Therapy has been a turning point for me. I went through 3 sessions of MLG and felt a relief from the fatigue and weakness right away with the first session. I was immediately aware of an overall balance and nourishment taking place from deep in my physiology. It was especially gratifying to experience this in such a non-invasive way! It has now been 2 months since my 3 MLG sessions, and I am still experiencing lasting effects of more energy and overall well-being – J.W. Iowa, USA

Some people have reported effects on their manifest health problems. How and why do you think this light therapy has this effect?

All levels of life – physical, emotional, and mental – derive from consciousness. During MLG, consciousness is profoundly enlivened. So it is natural that the effect will be noticed on all these levels. Actually, 99% of the people experience deep relaxation on all these levels in each MLG session. Most people report a clear and profound experience of self-awareness, with deep inner peace. A wide range of psychological as well as physiological benefits is noticed as a result of MLG.

Here is the experience of a highly responsible, type A administrator:

I don't know if I have ever felt so comfortable in my body as I do now. I am at peace. I am content. I am quiet (my brain has finally shut up!) I hope that this lasts forever! – D.C. MI, USA

What is the most unusual effect that you have observed?

After 11 years of practice and many thousands of MLG sessions, there is nothing unusual anymore. Everything is possible. However, the relationship of MLG to consciousness unfolds the most magical reality of higher states of consciousness. It brings us back to the Self, to the memory of who we truly are – enlightened universal cosmic beings. We all have this memory, even if it was lost or hidden due to stress and imbalance. We are grateful to Maharishi for bringing out these gems of knowledge.

*The results of the light therapy treatment were surprising and beyond all expectations. I had been suffering from a knee problem and could not bend my knee. I had tried conventional and alternative therapies, but nothing helped and I was told that I might need surgery. After the light therapy, the problem was alleviated and I can function normally with no pain. In addition to that I had been suffering from a painful relationship with someone close to me and for many years had not been able to free myself from that stressful state of negative thinking and feeling toward this person. Miraculously, after the light therapy, I found, much to my surprise, that those long-standing feelings were simply gone! I also find myself happier, more patient, and more positive. My **meditation** is deeper with more experience of bliss. This therapy is definitely something I would repeat again and again as it surely improves the quality of life. – D.G. Israel*

For more information on Maharishi Light Therapy with Gems, please visit: mlg-world.com/

In the USA only, please visit: maharishilighttechnology.org/



*The idea that the particle has a memory of its previous interactions is implied in the concept of quantum entanglement. That this memory is intelligent in the sense of being a usable signal is more controversial.

**Vedic Dance to Transform Physiology:
An Aspect of Maharishi's Vedic Approach to Health**
Faculty established for new Department of Dance Therapy



Chair of the Faculty
Dr. Urvashi Shrivastava

“Take dance as an aspect of therapy.
Dance as a system of medicine,
a system of health care.”

Maharishi



Faculty member Pratyeskha Shrivastava



Faculty member Yagya Shrivastava



Faculty member Rebecca Dhar

“We connect dance with Gandharva Veda, Yoga Asana, and Dhyan, and then it will become a part of Brahma Vidya. Different dance forms, different Ragas are assigned in different health situations and this will be called as Dance Therapy.

People go to watch dance anyway and the Dance Therapy will serve as entertainment as well as there will be realistic transformation of their physiologies.”

Maharishi

Maharishi inaugurated the Department of Dance Therapy of the Maharishi College of Perfect Health International in early September 2007.

On 7 September, 2007 Dr Walter Mölk, Deputy Minister of Health of the Global Country of World Peace, presented the value of Vedic dance in promoting health and introduced Dr Urvashi Shrivastava as the new Head of Vedic Dance Therapy for Maharishi College of Perfect Health.

Dr Urvashi gave a short demonstration performance and Dr Mölk explained that Vedic dance is not only an art, but has a therapeutic effect because it develops a high level of mind-body coordination.

The delicate but powerful gestures and movements express the infinite silence of Transcendental Consciousness combined with infinite dynamism of physical movement.

Vedic dance is a very natural and complete technology for enlivening the relationship between transcendental self-referral Being and its expression in the area of physiology.



Dr Urvashi Shrivastava

For her achievements in the field of Indian classical dance Kumari Urvashi Shrivastava was awarded the honorary degrees “Doctor of Arts Honoris Causa” and “Doctor of Science Honoris Causa” by Maharishi University of World Peace.

Now in 2019 a complete Faculty of Vedic Dance has been established to fulfill Maharishi’s vision by offering programmes for people throughout the world to enjoy the healing and nourishing power of Vedic Dance, which is an aspect of Maharishi’s Vedic Approach to Health.

Vedic Dance promotes health, happiness, and the development of consciousness, for the dancer as well as the audience. The approach of Vedic Dance Therapy can be enjoyed by performing dance, as well as viewing dance.

The influence of deep relaxation that Vedic Dance produces on the finest cellular level of the physiology eliminates any stress or strain.

Origins of Vedic Dance

“The Upa-Veda have the range of Gandharva Veda and Dhanur Veda and Sthapatya Veda – that is the origin of the physiology, and that which is the origin of physiology is the therapy.”

Maharishi

Indian classical dance traces its origins back to the ancient Natya Shastra, or Natya Veda, called the fifth Veda. The Natya Veda, or the Science of Drama and Dance, is said to have been created by taking words (Pathya) from Rk Veda, the art of visual representation (Abhinaya) from Yajur Veda, music (Geeta) from Sama Veda, and aesthetics (Rasa) from the Atharva Veda. The Vedic Devata, themselves supreme dancers, contributed to this Divine art-form.

Vedic Dance is a form of Puja, or offering, connecting the individual with the Divine. Movement, gesture, expression, meaning, fine feeling, and Transcendental Consciousness are integrated and unified, and the dancer performs in an expression of wholeness, beauty, and bliss.

Vedic Dance is a sacred discipline, connecting the individual to the Supreme, the Divine. Arising from a dancer’s consciousness, the movements are created as an expression of the Self and a form of communication with the relative world.

Dance is the most natural and complete technology for enlivening the relationship between transcendental self-referral Being and its expression in the physiology because its basis is in Total Knowledge—Total Natural Law—the Constitution of the Universe—the field of self-referral consciousness, which maintains balance and order between all physiological functioning.

Vedic Dance is an aspect of Gandharva Veda, lively with the Integrating and Harmonizing value of Natural Law. Through Vedic Dance we align our physiology and consciousness with the Cosmic rhythms and patterns of Total Natural Law.

Vedic Dance can be seen as ‘flowing Yoga.’

It enlivens the inner energy and intelligence in the body, unifying silence and dynamism, wholeness and parts, creating health and balance in the individual and the environment.

Vedic Dance incorporated into one’s daily routine (Dinacharya), promotes health, happiness, and well-being and is effective in preventing and treating certain imbalances.

We are thrilled that this past Guru Purnima we witnessed an inspiring performance of Vedic Dance by two faculty members, both professional Kathak dancers: honourable Yagya Srivastava and honourable Pratyeksha Bhatnagar.

These performance and introductions to Maharishi College of Perfect Health’s Department of Vedic Dance was presented in the beautiful Maharishi Vedic Garden surrounding Maharishi’s Peace Palace at MERU, in Vlodrop, Holland this past July.

Vedic Dance Programme

“We make Dance Therapy a section of the Medical College”

Maharishi



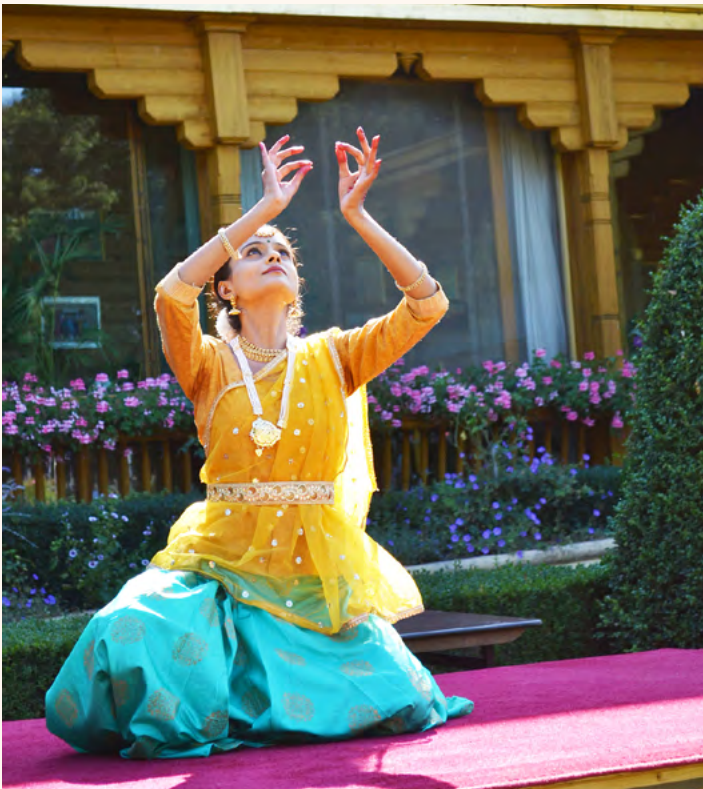
Students with Faculty Member Rebecca Busch and Teaching Assistant Katalin Kiss, MUM Fairfield Iowa

The Department of Vedic Dance Therapy will be offering classes, courses, and performances, and will be developing degree programmes. We will be collaborating with Maharishi AyurVeda Vaidyas and Maharishi AyurVeda Consultants to offer Vedic Dance Therapy through centres of Maharishi AyurVeda and Maharishi Colleges of Perfect Health, globally.

Our Sankalp (desire and resolve) is for everyone to enjoy Vedic Dance and its therapeutic benefits, and to grow in perfect health, happiness, and higher states of consciousness – life in enlightenment and bliss.

You can view videos of performances of Vedic Dance at vimeo.com/357880130/4b1ee44547.

To receive regular updates of the Department of Vedic Dance course calendar for 2020 send your name, country, and email to vedicdance@maharishi.net



Bring the Amazing Effects of the Model of Vedic Physiology into your Home, Peace Palace or Health Centre.

Under Maharishi's inspiration and guidance, an electronic display of Dr Tony Nader's discovery of Veda in the Human Physiology has been developed by Dr Rainer Plcha, Chairman of the International Maharishi Ayurveda Foundation (IMAVF) and the Global Health Ministry.

This technically sophisticated display, also called Model of Vedic Physiology, is designed to communicate Dr Tony Nader's discovery with the help of a human figure, Vedic chanting and glowing lights that illustrate where the Vedic sounds are expressed.

The 35-minute presentation includes an easy to understand explanation of how the ten Mandalas of Rik Ved express themselves in the human body.

This combination of understanding, hearing, seeing, and experiencing links the intellectual understanding of Dr Tony Nader's discovery with the direct experience of Veda in the Human Physiology and allows the viewer to realize how these sounds enliven the body's inner intelligence.

People who sit for the half-hour sessions of the Model of Vedic Physiology at the TM Centre experience profound effects, reports Wally Devasier, Chariman of the Peace Palace in Fairfield Iowa, USA:

"When people experience the Model of Vedic Physiology for at least two or three days in a row they report amazing results:

1. As soon as people hear the Vedic chanting they feel reconnected to their body. Many people who come are usually super-busy and usually forget about their health and body due to their active lifestyle. By hearing the chanting for only three or four minutes in each of the ten different areas of life they feel fully connected again to their body.

2. The Model of Vedic Physiology sessions had an especially strong effect on a couple of people who had strokes. They reported that simply listening to the chanting was like having physical therapy – they felt re-connected to the different parts of their body.



3. Better, deeper and more refreshing sleep was another benefit; people found they fell asleep more easily, with an experience similar to the comfortable relaxing experience they had during the session with the Model of Vedic Physiology."

Mr Devasier noted that while a single session had a profound effect, several sessions over a few days provided the most notable benefits. He concluded:

"Based on the reports of so many people who have experienced sessions with the Model of Vedic Physiology, I encourage everyone to bring the amazing effects of this precious healing modality into your TM or Health Centre."

More details about the Model of Vedic Physiology can be found on the website vedicmodel.com. To order the Vedic Model, please write an email to HealthMinistryOffice@Maharishi.net.

Vaidya Webinar Series with Vaidya Manohar continues to uplift and educate

Maharishi AyurVeda-trained health professionals deepen their knowledge & expand their skills

Participate Live – Or View Later at Your Convenience

This popular advanced webinar series continues to give Maharishi AyurVeda-trained health professionals specific knowledge and training in treating common chronic disorders using consciousness-based medicine.

During each webinar, Vaidya Manohar will give a 30-minute presentation on how to apply proven solutions from Maharishi AyurVeda, and will take questions for half an hour.

The *Vaidya Webinar Series* continues in 2019 with a series of 5 seminars for Maharishi AyurVeda-trained doctors and consultants. See detailed schedule below.

Webinar Schedule for 2019

Each hour-long Webinar includes ½ hour for questions.

Live webinars start at 20:00 CEST/ CET

Recorded webinars available on demand.

On Wednesdays	Theme
April 17	Skin Disease Part 1 – Recording Available
May 29	Skin Disease Part 2 – Recording Available
July 10	Head Ache – Recording Available
September 11	Constipation – Recording Available
November 13	Reproductive Disorders LIVE

Each Webinar will provide condition-specific training in treating common diseases in the light of consciousness-based medicine.

This advanced series is to provide practical training and guidance for direct application of the modalities of Maharishi AyurVeda in your own medical practice.

The *Vaidya Webinar Series* will be conducted by Vaidya Manohar Palakurthi and is open to Maharishi AyurVeda-trained doctors and consultants.

Vaidya Manohar Palakurthi is a leading Maharishi AyurVeda expert, who worked directly with Maharishi for three decades. Vaidya Manohar has taught numerous Maharishi AyurVeda



courses, including Maharishi Nadi Vigyan, all over the world, and currently teaches at Maharishi University of Management, USA. He is a consultant for Maharishi AyurVeda course development for physicians in the USA, Japan, and Europe, and for the development of Maharishi AyurVeda herbal products.

Vaidya Palakurthi was trained by, and worked with, world experts such as Vaidya Balraj Maharishi, the world's leading expert in Dravya Guna, Rajvaidya Brihaspati Dev Triguna, the world's leading expert in Nadi Vigyan, and Vaidya V.M. Dwivedi, former Vice chancellor of Jamnagar Ayurveda University, the world's leading expert in Ayurvedic mineral and metal preparations.

For more information and how to register for this webinar series [click here](#).

IMAVF Affiliates pay only €10 per webinar or may purchase a subscription of 5 webinars for only € 40.

Cost for non-IMAVF Affiliates is € 20 per webinar.

If you miss a live webinar, you can [view it later on demand for the same fee](#).

If you are not yet an IMAVF Affiliate please [click here](#) to read about the many benefits and how to enroll.

The recordings of the Vaidya Webinar Series from 2018 are also available to stream and include the following topics:

- Headache
- Skin disorders
- Chronic obstructive lung disease
- Depression
- Gastritis
- Obesity
- Upper respiratory tract infection
- Thyroid disorders
- Diabetes Type 2
- Coronary Artery Disease
- Back Pain
- Hypertension

Enjoy On-Going Knowledge & On-Going Support



Become an Affiliate of the International Maharishi AyurVeda Foundation Receive Valuable Benefits All Year Long:

Whether you are a professional in Maharishi AyurVeda, Maharishi Marma Therapy, Maharishi Aroma Therapy, Maharishi Light Therapy with Gems, Maharishi Yoga Asana or Maharishi Panchakarma, IMAVF was created to serve all your needs.

As an IMAVF Affiliate you are fulfilling Maharishi's desire to bring all the professions of Maharishi AyurVeda together into one family. Maharishi charged Dr Rainer Picha with creating an organisation that would both strengthen and unite the different disciplines of Maharishi AyurVeda. With the collaboration and support of MERU and of Dr Walter Mölk, Lothar Pirc, Dr Girish Momaya, Dr Kingsley Brooks, and Prof Dr Subhash Ranade, IMAVF has grown into an internationally recognised authority on Ayurveda.

IMAVF Affiliates are entitled to a wide range of benefits and cost reductions on courses, webinars and conferences:

■ KNOWLEDGE BENEFITS

- Free subscription to our regular NewsMagazine and news bulletins – keep up with all the inspiring news about Maharishi AyurVeda from around the world, and in all the disciplines.
- Access to Affiliate-Only downloads, recorded webinars and presentations.
- Access to our online Professional Forums in the department of Maharishi AyurVeda. Post your questions, receive answers by the experts, share your experience and tips of your practice.
- **NEW!** "Ask the Vaidya" Service: Submit your questions about any aspect of Ayurveda to our senior Vaidyas in India and get a detailed reply within 3-4 days. FREE to all IMAVF Affiliates!

■ SAVINGS ON COURSES, WEBINARS & CONFERENCES

- 10% Discount on International Ayurveda Congresses: October 2020 in Kathmandu, Nepal.
- 10% reduction on course instruction fees on all health-related MERU courses.
(This 10% discount is valid for course fees, not meals or lodging costs - not valid with other offers.)
- 50% reduction on advanced webinars.
- 10% reduction on MAV Online Training Programmes for Health Professionals offered by the Institute of Integrative Ayurveda Medical Education US
- **NEW 2019 Series!** Vaidya Webinar Series -- View Live or Stream on Demand. 50% Discount

■ PROFESSIONAL SUPPORT & COMMUNITY

- You will be able to announce your local or regional Maharishi AyurVeda health related events in our online events calendar.
- Share your news and research results with the extended community of Maharishi AyurVeda professionals worldwide.

Enrollment in the IMAVF Affiliate programme gives you all these benefits for only 80 Euro per year.

[Click here to enroll.](#)

(40 Euro for professionals from developing countries, MERU staff and Mother Divine.)

If you are not a Maharishi AyurVeda professional, you may join the IMAVF as a Supporter for only 80 Euro (40 Euro for anyone from developing countries.) **[Click here to enroll.](#)**

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