



IMAVF NewsMagazine

International Maharishi AyurVeda Foundation (IMAVF)

Serving all Maharishi AyurVeda Health Professionals Worldwide

SUMMER 2018



Dear Maharishi AyurVeda Professional and Friends,

The momentum continues!

A great wave of interest and enthusiasm for Ayurveda arose as a result of the 3rd International Ayurveda Congress held in Rio de Janeiro, Brazil in March.

This September we will participate in FOUR international conferences in Europe:

- 1 & 2 Sept.: 4th International Ayurveda Congress in Leiden, NL
- 7 & 8 Sept.: Ayurveda Symposium in Paris, France
- 21–23 Sept.: 5th Int'l. Ayurveda Congress, Ljubljana, Slovenia
- 26 Sept.: Ayurveda Symposium, Graz, Austria

You'll find all the details -- including discounts for IMAVF Affiliates -- in this issue of the IMAVF NewsMagazine.

These events provide a great opportunity for enhancing harmony, cooperation and coordination between Maharishi AyurVeda and many of the other natural and integrative health modalities, public health experts and government officials.

We look forward to inspiring our colleagues with the unique consciousness-based approach of Maharishi AyurVeda.

As we continue to network with other experts in Ayurveda and Integrative Medicine, we invite you to deepen your knowledge about all aspects of Maharishi AyurVeda by attending these conferences and by participating in our ongoing Webinar Series.

Please invite your colleagues to join IMAVF – [click here to enroll \(or renew!\)](#) · imavf.org/benefits/

Wishing you great success!

Warmly,

Dr med Rainer Picha
IMAVF Chairman of the Board

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21-23 September 2018 – Ljubljana, Slovenia

11th European Congress for Integrative Medicine & 5th International Ayurveda Congress

The Future of Comprehensive Patient Care [more ...](#)



8-9 September 2018 – Paris, France

Ayurveda Symposium

This Ayurveda Symposium features leading experts in Ayurveda and Consciousness and is organised by Association Pour La Santé Fondée. [more ...](#)



Maharishi AyurVeda joins with other world experts at the 3rd International Conference on Integrative Medicine – *Role of Ayurveda and Yoga* at Harvard Medical School, Boston, USA



Speakers and Organisers of the 3rd International Conference on Integrative Medicine at Harvard Medical School, Boston

Dr German Martina, Director of Maharishi AyurVeda for Argentina and Lothar Pirc, Director of Maharishi AyurVeda Health Centre Bad Ems, Germany were invited as speakers to the 3rd International Conference on Integrative Medicine this past June at the prestigious Harvard Medical School, Boston, USA.

They made extensive contacts with leaders of Ayurveda from India and the USA, and were able to strengthen their relationships with leaders of AYUSH, the Indian Government's Health Ministry dedicated to alternative therapies.

The chief organiser of the presentations and speakers at the conference, Dr Balam Singh, Director, Institute of Advanced

Sciences, acknowledged the value of TM and helped Dr Martina and Lothar Pirc to network with many of the researchers and dignitaries at the conference.

Starting with the London Congress, 2nd International Ayurveda Congress, and especially at the 3rd Congress in Rio de Janeiro, Maharishi AyurVeda has made important connections with other alternative health modalities.

This outreach provides a stronger platform for more cooperation and coordination between Maharishi AyurVeda and other alternative therapies, and more opportunity to introduce the value of consciousness-based Ayurveda to leaders in these other fields.



Maharishi AyurVeda Health Centre in Bad Ems, Germany Celebrates 25-Year Anniversary



25 years ago Lothar and Dr Karin Pirc founded the Maharishi AyurVeda Health Centre in Bad Ems and since then have treated almost 27,000 people, healing many from chronic diseases. The Health Centre is located in the former palace of Emperor Wilhelm 1. For more than 2,000 years there have been hot springs for “taking the waters” at this location.

Over 200 invited guests attended the Silver Jubilee celebration including the mayor of Bad Ems, district commissioner, member of parliament, Consul General from India, and Dr Bauhofer, President of the German Ayurveda Association.

Over the years the Centre has expanded from a team of 9 to over 90 staff members.



The Health Centre is offering job & training opportunities to any citizen of the European Union to become Maharishi Panchakarma technicians.

Please contact: Lothar.Pirc@Ayurveda-BadEms.de

Dr Karin Pirc’s son Aurel, who is also a medical doctor, will be her successor for directing the medical services of the clinic.



Brahmachari Girish Momaya, Director of MERU, NL
Smt. Pratibha Parkar, Consul General of India;
Lothar Pirc, Dr Karin Pirc



Dr med Bauhofer, President of the German Ayurveda Association

NEWS: European Research Centre for Integrative Medicine to be established at Bad Ems

A European Research Centre for Integrative Medicine is in the first stages of being established at the Maharishi AyurVeda Health Centre in Bad Ems in collaboration with the Medical University of Graz, Austria. It is expected that the University of Graz will be supported by funds for this project from AYUSH, the Indian health ministry.

Much of the research on Ayurveda that has been done in India is not recognized by European research standards, so new rigorous research is required for Ayurveda to gain recognition, and to be integrated into European national health care systems. The new European Research Centre for Integrative Medicine will play an important role in establishing the evidence-based research that will help to support the expansion and acceptance of Ayurveda in Europe.

4th International Ayurveda Congress



LEIDEN 2018



You are invited to join world experts in the field of Ayurveda who will come together to bring out a new depth of understanding of Ayurveda in this fourth in a series of International Ayurveda Congresses.

The Congresses are inspired by Maharishi Mahesh Yogi's World Plan for Perfect Health and Indian Prime Minister Shri Narendra Modi's initiative to spread the highest quality of knowledge, practice and products of Ayurveda throughout the world.

The conferences support the establishment of Ayurveda as a prevention-oriented, perfect health care system for the world, a system that is authentic and reliable. The Congress aims to establish Ayurveda as the most ancient, scientific and holistic health care system, which is capable of leading the world towards an increasingly disease-free society. Since Ayurveda is cost effective and easy to implement, it is capable of bringing about self-sufficiency in health care in every nation.

Traditional Natural Remedies from India and Europe Exploring a 340-Year Relationship between Netherlands & India

Congress Joint Sponsors:
International Maharishi AyurVeda Foundation
The Netherlands
All India Ayurvedic Congress
New Delhi
International Academy of Ayurveda
Pune

Supported by:



आयुष मंत्रालय
Ministry of AYUSH
Government of India



Embassy of India
The Hague
The Netherlands

The Fourth International Ayurveda Congress's theme is connecting India, The Netherlands, and Europe through their rich botanical heritage and, at the same time, presenting the therapeutic potential of plants and the natural approaches to health available in Ayurveda and in traditional remedies from Europe. During the congress, the evidence-based scientific approach of Ayurveda as a prevention-oriented healthcare system will also be highlighted. The aim of this congress is to establish and promote Ayurveda at the highest level in the areas of education, research, training, practice and products in the West.

Scholars in Ayurveda, experts in herbal medicine, and research scientists from around the world will present scientific evidence on preventing disease, promoting longevity, and treating chronic disorders using an integrative approach.

Congress Features

Herbal Remedies East & West in Light of Ayurveda

The contemporary role of traditional herbal remedies available in India and Europe as solutions to current health problems.

Visit to the famous **Hortus Botanicus** Leiden, one of the oldest botanical gardens in Western Europe.

Visit to the **Leiden University Library** where the original 17th century 12-volume treatise of **Hortus Malabaricus** is kept.

Premiere of two in-depth documentary films:

- 'Ayurveda Unveiled' by Gita Desai
- 'Spice Route' by Dr Sajin Philip

'Such Treasure and Rich Merchandise: Indian Botanical Knowledge in 16th and 17th Century European Books'

Special Exhibition by Dr Annamma Spudich, researcher in molecular cell biology, Stanford University

Ayurveda for Everyone: Health Fair and Public Talks

4th International Ayurveda Congress



**Traditional Natural Remedies from India and Europe
Exploring a 340-Year Relationship between
The Netherlands and India
1 - 2 September 2018 – Leiden, The Netherlands**

REGISTER NOW

- Where:** The Congress will be held in the beautiful city of Leiden just 20 minutes' drive from Amsterdam airport. The Venue is Holiday Inn Leiden, a four-star hotel with International Conference facilities.
- When:** Saturday & Sunday 1 & 2 September 2018
- How to Register:** *Register Online at:*
internationalayurvedacongress.com/leiden-2018/registration-for-international-delegates/
- Congress Fee:** 260,-€ (IMAVF Affiliates & members of other qualified Ayurveda & health associations receive a discount of 45,-€ – Only 215 Euro) Option for both days or any single day is available.
- Accreditation:** The **Fourth International Ayurveda Congress** in Leiden is accredited by the **Dutch Association of Doctors of Integrative Medicine** (www.avig.nl). Members of AVIG will receive 10 credit units in Naturopathy and 3 credit units in Practice Oriented Education for a total of 13 credit units.
- Sightseeing:** *Please visit:* internationalayurvedacongress.com/leiden-2018/sightseeing/



Ayurveda for Everyone:

Health Fair and Public Talks – Sunday Sept 2, 15-17:00

The public is invited to learn about the many applications of Ayurveda to common health concerns in a full programme of presentations on Ayurveda.

Practical tips, practical guidelines and introductory knowledge about Ayurveda will be presented by world-class Ayurveda experts in a wide range of specialties.

Visitors may attend a special exhibition on the **Hortus Malabaricus**, the epic 17th century Dutch treatise on plants of the Western Ghats of South India.

In addition, both Congress delegates and the public will be able to sample quality Ayurvedic products and learn about specialized services at the on-site Health Fair.



Hortus Malabaricus presentation

Hortus Malabaricus is the epic 17th century Dutch treatise on plants of the Western Ghats of South India.

The **Hortus Malabaricus** (Garden of Malabar) was compiled over a period of nearly 30 years and published, originally in Latin, in Amsterdam, between 1678 and 1693 in 12 volumes.

This treatise gives a detailed account of the flora of the Malabar region in South India, including copper plate engravings and detailed descriptions of 742 plants.

4th International Ayurveda Congress



This Congress presents a platform for all leading Ayurvedic Organizations worldwide and leaders in various fields of Ayurveda. Scholars in Ayurveda, experts in herbal medicine, and research scientists from around the world will present scientific evidence on preventing disease, promoting longevity, and treating chronic disorders using an integrative approach.

Special Strategy & Planning meeting

(for invited leaders)

Sunday, 10:30 - 12:00 – with the Minister of AYUSH, H.E. Shri Shripad Naik, Government of India (to be confirmed), Indian Ambassador to The Netherlands, H.E. Shri Venu Rajamony, and invited leaders and Ayurveda organizations, to share their knowledge and experience in the following areas:

Ayurveda Education

Establishing highest quality education in Ayurveda for medical practitioners & technicians as well as for the public in each country.

Ayurveda Practice

- Integrating the practice of Ayurveda in the health service of each country
- Promoting Ayurveda health practitioners to guide people in living healthy life styles that include the practices of authentic meditation, yoga, guidance in proper daily and seasonal routines, advise on proper diet that brings nutrition and balance of doshas, and advise on health promoting behaviour

Ayurveda Research

- Promote scientific research on Ayurveda to showcase preventive and curative benefits in healthcare and encourage its global recognition
- Research on the medicinal value of the indigenous flora resources of every country
- Coordinate, collect, review and evaluate all research on Ayurveda and Natural medicine and entertain scholarly exchange with other research institutions

Ayurveda Products

- Ensuring global availability of authentic Ayurveda products by overcoming regulatory hurdles and implementing procedures to guarantee safety and purity

FEATURED SPEAKERS



Tony Nader, MD, PhD, MARR

Patron of the Congress

Dr. Nader received his M.D. degree from the American University of Beirut. His Ph.D. is in the area of Brain and Cognitive Science from the Massachusetts Institute of Technology (MIT), and he completed post-doctoral work as a Clinical and Research Fellow in Neurology at the Massachusetts General Hospital, Harvard Medical School.



His Excellency Shripad Yesso Naik

Minister of AYUSH of the Government of India, responsible for the development and propagation of traditional medicine including Ayurveda in India and worldwide.



His Excellency Mr Venu Rajamony

Ambassador of India to the Kingdom of the Netherlands. Please read his credentials here:



Embassy of India

The Hague, The Netherlands



Padma Bhushan Vaidya Devendra Triguna

President of All India Ayurvedic Congress; recipient of "Padma Shri" & "Padma Bhushan" awards for his contribution to Ayurveda.



Dr Geetha Krishnan GOPALAKRISHNA PILLAI

Technical Officer, Traditional Complementary and Integrative Medicine Unit, World Health Organization. (take picture from the congress website)



Prof Dr Pieter Baas

Former Director, National Herbarium of The Netherlands. Dr Baas was awarded with a National honour as a Knight in the Order of the Netherlands Lion in 2005.



Dr Marten Bode

Adjunct Research Faculty at the Department of Anthropology, University of Amsterdam, The Netherlands, and visiting professor at the Transdisciplinary University, Bangalore



Dr med Rainer Picha

Chairman, International Maharishi AyurVeda Foundation, The Netherlands; former Assistant Director, Department of Cardiology of the State Hospital, Graz, Austria

Please see the updated List of Speakers at:

internationalayurvedacongress.com/leiden-2018/speakers/

Ayurveda Symposium

AYURVEDA SYMPOSIUM

8-9 September 2018 – Paris, France

This Ayurveda Symposium features leading experts in Ayurveda and Consciousness and is organised by **Association Pour La Santé Fondée Sur La Conscience** (Association for Consciousness-Based Health) in collaboration with **l'Observatoire du Leadership** (the Leadership Observatory).

The Symposium will be held at **Espace Moncassin**, rue de Javel, Paris 15.

Details & Registration: ayurvedasymposiumparis.com

Ayurveda has gained a popularity in France due to extensive media coverage such as women's magazines like **Le Figaro Madame**, **Cosmopolitan**, and weeklies like **Express**, **Le Point**. A growing community of practitioners is now offering ayurvedic massage services and nutritional advice. However, the in-depth



knowledge and long tradition of consciousness-based Ayurveda, Maharishi AyurVeda, has not been widely understood.

The Symposium is organised to provide a broader understanding of authentic Ayurveda and is led by a scientific committee made up of qualified doctors and pharmacists, which guarantees a high level of scientific excellence.

Preliminary Program of Presentations 8-9 September

- **Tony NADER, MD, PhD:** Inaugural Address on the Role of Consciousness, the foundation of Maharishi AyurVeda (subject to change)
- **Anne-Marie ROUZERÉ:** Transcendence and effects of Meditation on Brain Function (with demonstration)
- **Dr David ORME-JOHNSON:** An Overview of Scientific Research Validating the Approach of Maharishi AyurVeda
- **Dr Patrick CONSTANCIS:** Maharishi AyurVeda, a preventive and economical medicine
- **Dr Manohar PALAKURTHI:** The Different Forms of Ayurveda and their Place in the World
- **Lothar PIRC:** Effects of Panchakarma Purification Treatments
- **Dominique TOUILLET:** Specificities of the Maharishi Ayurveda Treatment
- **Dr Anh-Kiêt MÉ MOUGAMADOU:** Therapeutic potential of an important Ayurvedic Rasayana, Maharishi Amrit Kalash
- **Dr Malte HOZZEL:** Maharishi Aromatherapy and Cancer
- **Dr Anh-Kiêt MÉ MOUGAMADOU:** Maharishi Light Therapy with Gems
- **Dr. Charlotte BECH:** Maharishi AyurVeda for Women
- **Jo GEORGES:** Maharishi Aroma Therapy
- **Philippe MERCANTON:** The Effectiveness of Maharishi AyurVeda Products Preparations Validated by Clinical Research
- **Patrick NICOLAS:** Food Hygiene and Bio-Vedic Agriculture for Health
- **Dr. Patrick CONSTANCIS:** Maharishi Vedic Medicine: A Medicine of All Levels of the Physiology

For more details on the Congress, and to register, please visit:

ayurvedasymposiumparis.com

5th International Ayurveda Congress



“The Future of Comprehensive Patient Care”

The *5th International Ayurveda Congress* will take place within the context of the 11th European Congress for Integrative Medicine to be held in Ljubljana, Slovenia.

As in the *3rd International Ayurveda Congress in Brazil*, experts in Ayurveda will join with representatives from other disciplines to raise the public awareness of the need for holistic approach to health for both individuals and society as a whole.

The *5th International Ayurveda Congress* will feature new research about the consciousness-based approach to cardiovascular disorders, and will highlight specific Ayurveda approaches to autoimmune disorders. Experts will present the time-tested knowledge of Ayurveda in the light of up-to-date insights from modern science.

For more details on the Congress, and to register, please visit: ecim2018-slovenia.org/ayurveda



The Congress will showcase scientifically-verified solutions to today's problems of chronic lifestyle disorders in the fields of both individual and public health. A special feature will be a Pulse Diagnosis Workshop.

All health professionals wishing to expand the scope and effectiveness of their medical practice are invited to attend.

Policymakers and administrators in the field of health are invited to join the conference to gain insights to improve health care and reduce costs.

AYURVEDA, YOGA & MEDITATION for Active and Healthy Aging

26 September 2018 – Graz, Austria

The IMAVF will participate at the *Symposium on Ayurveda, Yoga, and Meditation* from 25 to 27 September 2018 in Graz, Austria. This symposium marks the start of carrying out research in Maharishi AyurVeda through the Institute of Physiology of the Medical University of Graz. It also marks the start of a new elective course on Ayurveda that includes the consciousness-based approaches of Maharishi AyurVeda for the medical students.

At present three studies are being conducted at the Medical University of Graz: the first is a lifestyle program for weight-reduction that includes TM, organized by Dr Schachinger; the second is a collaboration with the MAV Health Center in



Bad Ems through its European Research Centre; and the third is a controlled double blinded cross-over trial on Maharishi Light Therapy with Gems organized by Eva Bergmann that is being conducted at the Institute of Physiology of the Medical University of Graz.

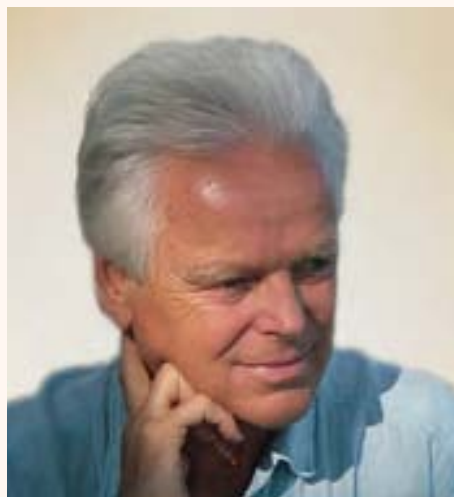
For more details on the Congress, and to register, please visit: physiologie.medunigraz.at/ayurveda-and-yoga-symposium

 **Save the date: Monday 5th November is Dhanvantari Day, International Day of Ayurveda.**
As last year, we will have, a special symposium at MERU. (programm will be announced soon)

Aroma Therapy and Cancer

AROMA THERAPY & CANCER: Promising research on the effects of essential oils

Edited excerpts from a lecture given at the 3rd International Ayurveda Congress in Rio de Janeiro, Brazil
by Malte Hozzel, PhD, International Author & Lecturer



Since essential oils are the result of a cosmic interaction of plants with the sun, representing thermic energies, or energies of light, we can use aromatherapy to rekindle the inner vitality, the inner "Agni" in us. Each drop of an essential oil is liquid energy of cosmic light, and can nurture every

cell in our body with 40,000 molecules of pure bio-photon energy – or "Prana."

Scientific research has shown that some of the most effective essential oils against unhealthy irregular cells are Thyme, Rosemary, Oregano, German Chamomile and Frankincense. These essential oils are remarkable because they are able to selectively harm or disable cancer cells while leaving healthy cells intact. This is in contrast to many conventional cancer medications and treatments which are often poorly targeted and cause severe side effects.

Terpenoids, the basic building blocks of essential oils, are increasingly understood to have a remarkable potential to prevent and treat numerous types of cancer. According to a study in the World Journal of Hepatology "a large number of terpenoids exhibit cytotoxicity against a variety of liver tumor cells and as cancer preventive as well as anticancer efficacy..."

Major research has also been undertaken on the Omega-3 and Omega-6 fatty acids in a number of other vegetal oils, including Hemp seed oil, Neem oil, Black Cumin oil, Seabuckthorn oil. Nimbolide for example -- a bioactive terpenoid compound found in the Neem oil -- may shrink prostate tumors by as much as 70 percent while suppressing metastasis by about 50 percent when taken orally for three months. The plant compounds have also shown potential as anti-colon cancer agents. Nimbolide also induces apoptosis in breast cancer, hepato-carcinoma, cervical cancer, choriocarcinoma, colon cancer, lymphoma, leukemia, and melanoma cells.

Azdirachtin is another compound in Neem oil that shows similar effect in cervical cancer cells.

ncbi.nlm.nih.gov/pmc/articles/PMC4734358/

Another example is Thymoquinone found in Black Cumin oil – *Nigella sativa*. Research published in Drug Discovery Today concluded that "thymoquinone has a long history of battling cancer in vitro and in vivo (in "test tube" experiments and animal studies), and modulates 9 of the 10 hallmarks of cancer. Thymoquinone appears to be effective against cancers in the blood, lung, kidney, pancreas, liver, prostate, breast, cervix, colon and skin.

For modern science it is standard procedure to isolate compounds and try to find the "active ingredients." However, increasing scientific research shows that the whole is more than the parts. Often isolated compounds identified as "active ingredients" do not have the same curative impact alone as when they are used with their "bio-chemical partners" in a synergistic compound.

A scientific study has found that Bergamot oil inhibits the survival and proliferation of neuroblastoma cells via the association of two of its major compounds which are limonene and linalyl acetate, but not via the exposure to the single compounds. This suggests for a major role of the combined action of essential oils compounds in fighting cancer cells

<https://pubmed.ncbi.nlm.nih.gov/24345801/>

Studies at Nanjing University of Chinese Medicine in 2011 showed that also Myrrh oil, another essential oil from resins, has been found to have anti-cancer benefits. Researchers found that Myrrh inhibited growth in eight different types of cancer cells, specifically gynecological cancers.

(Cf. Cytotoxicity activity of extracts and compounds from Commiphora myrrha resin against human gynecologic cancer cells - Nanjing University of Chinese Medicine, Nanjing 210046; China. - College of Pharmacy, Jiangsu University, Zhenjiang 212013, PR China, 23 February, 2011)

Given all this evidence, let us move towards greater exploration and application of these medicinal plants and their essential oils. They seem to have a direct connection with the inner intelligence of the human body due to their intrinsic connection with their ultimate source in the cosmic light of the sun.

For details on upcoming Maharishi Aromatherapy Courses:
merucourses.com/event/maharishi-aroma-therapy-advanced-course-2/

Maharishi Aroma Therapy



Helichrysum italicum



Rhododendron Groenlandicum

MAHARISHI AROMA THERAPY Advanced Training Course

Maharishi Vedic Science, Maharishi AyurVeda and
Maharishi Aroma Therapy for Enlightenment
21 September - 5 October 2018 – MERU, Holland

Maharishi Aroma Therapy: *Enlivening Consciousness – the Inner Intelligence of Body and Mind to Restore Wholeness and Balance for Perfect Health*. This course is for those who have completed the Maharishi Aroma Therapy Consultant Course and want to deepen their knowledge and expand their experience in selecting essential oils for both balancing the Doshas and addressing health concerns.

Course Director: Dr Nadine Thomas, Head of the Department of MAT

Special Guest Teachers: Vaidya Manohar Palakurthi (NEWLY recorded videos), Dr Charlotte Bech, Claudette Maurin, Franz-Josef Kann

Highlights of the course:

- Study of the 8 bodily systems from the point of view of Maharishi AyurVeda and MAT
- Specific essential oils for the Subdoshas
- New line of essential oils: experience and application
- Hydrolates: experience and application
- Research studies and findings



For more information and to apply please go to: merucourses.com/event/maharishi-aroma-therapy-advanced-course-2/
IMAVF Affiliates receive a 10% reduction on the course fee (not including meals) imavf.org/benefits/

Research on Ayurveda and Osteoarthritis

AYURVEDIC THERAPY

Relief of discomfort in knee osteoarthritis

An important research study conducted by the *Charité Hochschulambulanz für Naturheilkunde* (Charité University Outpatient Clinic for Natural Medicine) at Immanuel Hospital, in Berlin, Germany has been published in the journal *Osteoarthritis and Cartilage*. The study, under the direction of Dr Med Christian Kessler, Research Coordinator at the Immanuel Hospital, Berlin was led by Prof Andreas Michalsen and Prof Claudia Witt, and was funded by the Government of India (AYUSH Ministry).

Ayurveda treatment relieves pain of knee osteoarthritis much better than conventional therapy

Ayurvedic medicine works with oil massages to relieve osteoarthritis pain. Compared to a conventional therapy, holistic Ayurvedic therapy from India was able to reduce the symptoms of knee arthritis twice as effectively.

The analgesic effect persisted even twelve months after the end of therapy.

Patients treated with Ayurveda within the study showed significant improvements in their knee discomfort after 12



Photo: Susanne Hartung - Immanuel Diakonie

weeks of treatment and even at 12 months follow-up. This was measured by the WOMAC index (measuring instrument for the assessment of symptoms of knee osteoarthritis).

Conventionally treated patients also achieved significant improvement, but the therapeutic effect was much more pronounced and sustainable in Ayurvedic patients.

imavf.org/wp-content/uploads/pdf/OsteoarthritisStudy.pdf

Advertisement



MAHARISHI AYURVEDA
HEALTH CENTRE BAD EMS

Since 1992

The Maharishi Ayurveda Health Centre Bad Ems is offering job & training opportunities to any citizen of the European Union to become Maharishi Panchakarma technicians. **Please contact:** Lothar.Pirc@Ayurveda-BadEms.de



Enjoy On-Going Knowledge & On-Going Support



Become an Affiliate of the International Maharishi AyurVeda Foundation Receive Valuable Benefits All Year Long:

Whether you are a professional in Maharishi AyurVeda, Maharishi Marma Therapy, Maharishi Aroma Therapy, Maharishi Light Therapy with Gems, Maharishi Yoga Asana or Maharishi Panchakarma, IMAVF was created to serve all your needs.

As an IMAVF Affiliate you are fulfilling Maharishi's desire to bring all the professions of Maharishi AyurVeda together into one family.

IMA VF Affiliates are entitled to a wide range of benefits and cost reductions on courses, webinars and conferences:

■ KNOWLEDGE BENEFITS

- Free subscription to our regular NewsMagazine and news bulletins – keep up with all the inspiring news about Maharishi AyurVeda from around the world, and in all the disciplines.
- Access to Affiliate-Only downloads, recorded webinars and presentations.
- Access to our online Professional Forums in the departments of Maharishi AyurVeda. Post your questions, receive answers by the experts, share your experience and tips of your practice.
- **NEW!** "Ask the Vaidya" Service: Submit your questions about any aspect of Ayurveda to our senior Vaidyas in India and get a detailed reply within 3-4 days. FREE to all IMAVF Affiliates!

■ SAVINGS ON COURSES, WEBINARS & CONFERENCES

- At least 10% Discount on International Ayurveda Congresses in 2018: in Leiden, The Netherlands (save 17%!)
- 10% reduction on course instruction fees on all health-related MERU courses. (This 10% discount is valid for course fees, not meals or lodging costs - not valid with other offers.)
- 50% reduction on advanced webinars.
- **NEW!** 10% reduction on MAV Online Training Programmes for Health Professionals offered by the Institute of Integrative Ayurveda Medical Education US
- **NEW!** Bi-monthly Vaidya Webinar Series. 50% Discount

■ PROFESSIONAL SUPPORT & COMMUNITY

- You will be able to announce your local or regional Maharishi AyurVeda health related events in our online events calendar.
- You will receive a Affiliate certificate plaque to display in your practice and an Affiliate ID card for your future course discounts.
- Share your news and research results with the extended community of Maharishi AyurVeda professionals worldwide.

Enrollment in the IMAVF Affiliate programme gives you all these benefits for only 80 Euro per year.

[Click here to enroll.](#)

(40 Euro for professionals from developing countries, MERU staff and Mother Divine.)

If you are not a Maharishi AyurVeda professional, you may join the IMAVF as a Supporter for only 80 Euro (40 Euro from developing countries.) **[Click here to enroll.](#)**

Vaidya Webinar Series with Vaidya Manohar Offers Advanced Knowledge

Maharishi AyurVeda-trained health professionals invited to attend ongoing Webinar series --
Access all archived Webinars, too!

Three webinars have already been attended by MAV health professionals from 17 countries around the world. Vaidya Manohar has already offered specific knowledge and training in treating Hypertension, Back Pain and Coronary Artery diseases using consciousness-based medicine.

During these Webinars, Vaidya Manohar gives a half hour presentation on how to apply proven solutions from Maharishi AyurVeda, and takes questions for a half hour.



Vaidya Manohar Palakurthi is a leading Maharishi AyurVeda expert, who worked directly with Maharishi for three decades. Vaidya Manohar has taught numerous Maharishi AyurVeda courses, including Maharishi Nadi Vigyan, all over the world, and currently teaches at Maharishi University of Management, USA. He is a consultant for Maharishi AyurVeda course development

for physicians in the USA, Japan, and Europe, and for the development of Maharishi AyurVeda herbal products.

Vaidya Palakurthi was trained by, and worked with, world experts such as Vaidya Balraj Maharishi, the world's leading expert in Dravya Guna, Rajvaidya Brihaspati Dev Triguna, the world's leading expert in Nadi Vigyan, and Vaidya V.M. Dwivedi, former Vice chancellor of Jamnagar Ayurveda University, the world's leading expert in Ayurvedic mineral and metal preparations.

For more information and how to register for this webinar series [click here](#).

IMAVF Affiliates pay only €10 per webinar or may purchase a subscription of 10 webinars for only € 80. IMPORTANT: Subscription also gives you access to all ARCHIVED Webinars.

If you are not yet and IMAVF Affiliate please [click here](#) to read about the many benefits and how to enroll.

The Vaidya Webinar Series will continue with twice a month Saturday seminars for Maharishi AyurVeda-trained doctors and consultants. See detailed schedule on the right.

Each Webinar will provide condition-specific training in treating common diseases such as hypertension, cancer, auto-immune disorders, sleep disorders, headaches etc. in the light of consciousness-based medicine.

This advanced series is to provide practical training and guidance for direct application of the modalities of Maharishi AyurVeda in your own medical practice.

The Vaidya Webinar Series will be conducted by Vaidya Manohar Palakurthi and is open to Maharishi AyurVeda-trained doctors and consultants.

Webinar Schedule for the first 10 Webinars:

Each hour-long Webinar includes ½ hour for questions.

Each webinar starts at 15:00 European Central time

| On Saturdays | Theme |
|--------------|-----------------------------------|
| June 16 | Hypertension |
| June 30 | Back pain |
| July 14 | Coronary artery disease |
| July 28 | No webinar - Guru Purnima Weekend |
| August 11 | Diabetes Type 2 |
| August 25 | Diabetes Type 2 cont. |
| September 15 | Thyroid disorders |
| September 29 | Upper respiratory tract infection |
| October 13 | Obesity |
| October 27 | Gastritis |
| November 10 | Depression |
| November 24 | Chronic obstructive lung disease |

Please [click here](#) to find out how to enroll as an IMAVF Affiliate if you are not one already.

This is a precious chance to learn practical applications of consciousness-based Ayurveda from one of the world's most experienced Vaidyas.

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